



SOUTHWARK SPORT AND PHYSICAL ACTIVITY DIRECTORY 2018

Autumn Update

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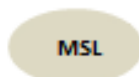
Southwark
Council
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SOUTHWARK'S SPORT AND PHYSICAL ACTIVITY DIRECTORY

There are many outstanding sports clubs in Southwark that are tailored for different age groups, activities and abilities. Some are for fun while others are more competitive. This guide can help you find a club that's a great fit for you.

Southwark Council is working with many of the providers to ensure they maintain a good and high standard of service. These awards have been set up to help clubs to achieve the minimum requirements, elements of club mark, good practice etc, in a simple step by step process - and proved through the submission of evidence. There are three levels ranging from **Bronze**, **Silver** and **Gold**, with the last being the highest recognised standard by the council.

Any club in this document meeting the minimum Southwark Council standard will have the below logo next to it:



Top tips for checking if a club / organisation is a good one...

We all want to know that the club or organisation we attend has the right ingredients to make this experience a good one. Here are some things to ask the activity organiser when joining:

- Are they registered to a relevant governing body?
- Do they have appropriate insurance to cover injury to participants?
- Do they have a safeguarding policy in place?
- Do they have Disclosure and Barring Service (DBS) certificates for all of the regular staff and volunteers?
- Do they have the correct governance in place?

FIND YOUR ACTIVITIES FASTER

The symbols listed below CAN be found in the directory and are there to explain the types of sessions each club or organisation is running:

Activities for under 18 years		Women / girls only session	
Activities for over 18 years		Older adult participants only	
All target groups covered		Specific disabled participants only	





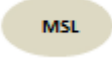


Jump straight to the first letter of your activity using our A to Z:


[A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#)

A

AMERICAN FOOTBALL			
Club	Age	Contact details	Key
South London Renegades 	9-18	T: 07946 728 515 E: steveverall612@btinternet W: www.southlondonrenegades.com	 
ARCHERY			
Club	Age	Contact details	Key
Archery 2020 	8+	T: 020 3130 6797 E: enquiries@2020archery.co.uk W: www.2020archery.co.uk	   
ATHLETICS			
Club	Age	Contact details	Key
London City Athletics Club 	7+	E: info@londoncityac.org W: www.londoncityac.com	  

B

BADMINTON			
Club	Age	Contact details	Key
Team Scenario 	5+	T: 020 3514 3073 07456 382 826 E: info@teamscenario.com W: www.teamscenario.com	 
Silver fit	45+	T: 07450 611 155 E: info@silverfit.org.uk W: www.silverfit.org.uk	
BASKETBALL			
Club	Age	Contact details	Key
Southwark Storm Basketball 	10+	E: ssl-ltd@live.co.uk W: www.facebook.com/southwarkstorm/	 

BOXING			
Club	Age	Contact details	Key
London Community Boxing 	8+	T: 020 7635 8500 E: info@londoncommunityboxing.com W: www.londoncommunityboxing.com	  
Club	Age	Contact details	Key
Fight for Change 	16+	T: 07791 638 683 E: Rebecca@fight4change.org.uk W: www.fight4change.org.uk	   
BMX			
Club	Age	Contact details	Key
Peckham BMX 	6+	T: 020 7117 2573 E: pkhambmx@gmail.com W: www.peckhambmx.co.uk	   














C

CHEERLEADING			
Club	Age	Contact details	Key
SilverFit	45+	T: 07450 611 155 E: info@silverfit.org.uk W: www.silverfit.org.uk	
CLIMBING			
Club	Age	Contact details	Key
Salmon Youth Club 	6- 25	T: 020 7237 3788 E: info@salmonyouthcentre.org W: www.salmonyouthcentre.org	   
CRICKET			
Club	Age	Contact details	Key
Southwark Park CC 	9 - 17	T: 07523 997 252 E: southwarkparkcc@gmail.com W: www.southwarkpark.cc	  
Club	Age	Contact details	Key
Burgess Park CC 	11+	T: 0788 4484 939 0753 8613 100 E: rupihill@yahoo.com	 
Club	Age	Contact details	Key
Lastman Stands Cricket League 	18+ (Male only)	T: 07717 453 272 E: ross@lastmanstands.com W: www.lastmanstands.com	
Club	Age	Contact details	Key
Surrey Cricket	11-25	T: 07725 203 962 E: greynolds@surreycricket.com	
CYCLING			
Club	Age	Contact details	Key
Wheelsforwell-being	45+	T: 020 7346 8482 E: info@wheelsforwellbeing.org.uk	 






F

Football			
Club	Age	Contact details	Key
Dynamo Sports Foundation 	5-13	T: 0208 6983 319 E: info@dynamicsportsfoundation.org W: dynamicsportsfoundation.org	
Dulwich Village FC 	6+	T: 084 5057 4051 E: info@dulwichvillagefc.co.uk W: www.dulwichmagic.co.uk	  
Fc Jean Te Lee 	6+	T: 07534 303 221 E: FcJTL@outlook.com	  
Peckham Town FC 	6+	W: www.peckhamtownfootballclub.com	   
Athenlay FC 	7+	T: 07733 288 334 E: lee@athenlayfootballclub.co.uk	 
Brixane Football Club 	7-13	E: brixistanefc@hotmail.com	
Somlai lions 	16+ (Male only)	T: 07940 435 247 E: alali47@hotmail.com	
East Dulwich Sporting Crabs 	18+ (Male Only)	E: sportingcrabs@outlook.com W: www.sportingcrabs.com/	

Club	Age	Contact details	Key
Brixton Town FC 	18+ (Male only)	E: brixtontownfc@gmail.com	
Battersea Dogs FC 	18+ (Male only)	T: 07989 628 772 E: batterseadogsfc@gmail.com	
Walworth Wanderers FC 	18+	T: 07800 964 228 E: info@originalwanderers.com W: www.originalwanderers.com	
FNF United 	18+	T: 07956 214 478 E: ahmeddeq@gmail.com	
Cushman & Wakefield 	21-50	T: 020 7152 5000 E: russell.homer@eur.cushwake.com W: www.cushwake.com	 



G














GOAL BALL			
Club	Age	Contact details	Key
 London Elephants Goalball Club		T: 0114 223 5670 E: becky@goalballuk.com	  
GYMNASTICS			
Club	Age	Contact details	Key
 Southwark Gymnastics Club	1+	T: 07960 001 572 E: info@southwarkgymnastics.co.uk W: southwarkgymnastics.co.uk	  

K

KORFBALL			
Club	Age	Contact details	Key
 Supernova Korfball		E: info@supernova.org.uk	

M

MARTIAL ARTS			
Club	Age	Contact details	Key
 Seven Island Karate Club	6+	T: 07961 338 996 E: SevenIslands.KarateClub@hotmail.co.uk W: www.kobeosakaengland.org	 

Club	Age	Contact details	Key
Tanseikan Aikodo Club 	6+	T: 07957 403 578 E: Aikidouk@aol.com W: www.youtube.com/Tanseikan	 
Club	Age	Contact details	Key
Yoshin Judo Kai 	5+	T: 0163 457 2588 E: patricksinclair1948@hotmail.co.uk	 
Club	Age	Contact details	Key
Aissa Karate Academy 	5+	T: 07411 979 341 E: adj7191@gmail.com W: www.aissakarateacademy.com	 
MULTI-SPORT			
Club	Age	Contact details	Key
Millwall FC 	5+	T: 020 7774 0050 E: rwhite@millwallcommunity.org.uk	
Club	Age	Contact details	Key
London Southbank University 	5+	T: 020 7815 7812 E: sportscentre@lsbu.ac.uk	
Club	Age	Contact details	Key
Salmon Youth Club 	6-25	T: 020 7237 3788 E: info@salmonyouthcentre.org W: www.salmonyouthcentre.org	   
Club	Age	Contact details	Key
Burgess Sports 	5+	T: 07792 377 472 E: ally@burgesssports.org W: www.burgesssports.org	

Club	Age	Contact details	Key
Everyone Active 		T: 07740 535 604 E: Jamestierney@everyoneactive.com	
Club	Age	Contact details	Key
Disability Sports Coach 	11+	T: 020 7928 4267 E: laurenm@disabilitysportscoach.co.uk	

N

NETBALL			
Club	Age	Contact details	Key
Waterloo Netball Club 	8-18 (Female only)	E: waterloonetball@hotmail.co.uk	 
NORDIC WALKING			
Club	Age	Contact details	Key
SilverFit	45+	T: 07450 611 155 E: info@silverfit.org.uk W: www.silverfit.org.uk	

P

PILATES			
Club	Age	Contact details	Key
SilverFit	45+	T: 07450 611 155 E: Info@silverfit.org.uk W: www.silverfit.org.uk	


















R

RUGBY			
Club	Age	Contact details	Key
Southwark Rugby Club <div style="text-align: center; border: 1px solid gray; border-radius: 50%; width: 40px; height: 20px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">MSL</div>	4+	T: 07740 419 539 E: info@southwarkrugby.co.uk W: www.southwarkrugby.co.uk	<div style="display: flex; justify-content: space-around; gap: 10px;"> <div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center;">YP</div> <div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center;">A</div> </div>
Club	Age	Contact details	Key
Old Alleynian <div style="text-align: center; border: 1px solid gray; border-radius: 50%; width: 40px; height: 20px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">MSL</div>	5+	T: 020 8299 0170 E: giveitatty@alleynian.org	<div style="display: flex; flex-direction: column; align-items: center; gap: 10px;"> <div style="display: flex; justify-content: space-around; gap: 10px;"> <div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center;">YP</div> <div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center;">A</div> </div> <div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center;">WG</div> </div>
Club	Age	Contact details	Key
Southwark Tigers Rugby Club <div style="text-align: center; border: 1px solid gray; border-radius: 50%; width: 40px; height: 20px; margin: 0 auto; display: flex; align-items: center; justify-content: center;">MSL</div>	6-17	T: 07703 052 759 E: southwarktigers@gmail.com W: www.southwarktigers.com	<div style="display: flex; justify-content: space-around; gap: 10px;"> <div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center;">YP</div> <div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center;">A</div> </div>

S

SAILING			
Club	Age	Contact details	Key
Tideaway Sailability		T: 020 7735 5850 E: info@tideawaysailability.org.uk	<div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center; margin: 0 auto;">DI</div>
SEATED EXERCISE			
Club	Age	Contact details	Key
Healthy living	50+	T: 020 7237 0860 E: healthyliving@ageuklands.org.uk	<div style="background-color: #00aaff; color: white; border-radius: 50%; width: 25px; height: 25px; display: flex; align-items: center; justify-content: center; margin: 0 auto;">OA</div>

SCUBA DIVING

Club	Age	Contact details	Key
Bermondsey BSAC 42 	12+	T: 07523 889 811 E: info@bermondsey-bsac.org.uk W: www.bermondseybsac.wordpress.com	  
SWIMMING			
Club	Age	Contact details	Key
Southwark Aquatics 	9+	E: sasctrials@gmail.com W: http://www.southwarkaquatics.co.uk/	 
Club	Age	Contact details	Key
Dulwich Dolphins 	6-18	E: admin@dulwichdolphins.com W: www.dulwichdolphins.com	 
Club	Age	Contact details	Key
Out To Swim 	18+	E: hello@outtoswim.org W: www.outtoswim.org	   

T

TAI CHI








Club	Age	Contact details	Key
Healthy Living	50+	T: 020 7237 0860 E: healthyliving@ageuklands.org.uk	
Club	Age	Contact details	Key
Docklands Settlement	16+	T: 07718 301 275 E: ben.north@docklandsettlements.org.uk	

TENNIS

Club	Age	Contact details	Key
Camber Lawn Tennis Club 	3+	T: 020 8613 1601 E: info@tennis-at-camber.org W: www.tennis-at-camber.org	  

Club	Age	Contact details	Key
Be Active/ Southwark City Tennis 	5+	T: 020 7703 5869 E: beactivesocialenterprise@gmail.com W: www.beactivesocialenterprise.com	 

W

WALKING			
Club	Ages	Contact details	Key
Cool tan arts		T: 020 7701 2696 E: info@cooltanarts.org.uk	 
Club	Ages	Contact details	Key
Everyone Active 		T: 020 7708 6217 E: veronicahubbard@everyoneactive.com	
WALKING FOOTBALL			
Club	Ages	Contact details	Key
Millwall for all	50+	T: 07984 033 221 E: deanpalmer@millwallplc.com	
Club	Ages	Contact details	Key
Everyone Active 	45+	T: 07740 535 604 E: jamestierney@everyoneactive.com	
WHEELCHAIR BASKETBALL			
Club	Ages	Contact details	Key
London All Stars		T: 07946 157 023 E: austinkentbe@hotmail.com	

Y

YOGA			
Club	Ages	Contact details	Key
SilverFit	45+	T: 07450 611 155 E: info@silverfit.org.uk W: www.silverfit.org.uk	OA
Club	Ages	Contact details	Key
Healthy Living	50+	T: 020 7237 0860 E: healthyliving@ageuklands.org.uk	OA

Z

ZUMBA			
Club	Ages	Contact details	Key
Healthy Living	50+	T: 020 7237 0860 E: healthyliving@ageuklands.org.uk	OA
Club	Ages	Contact details	Key
Docklands Settlement	16+	T: 07718 301 275 E: ben.north@docklandsettlements.org.uk	DI



If you would like your club/organisation to be added to the directory, please email sports@southwark.gov.uk