



Southwark Park Sport and Physical Activity Opportunities

- Athletics track - Booking at <https://www.everyoneactive.com/centre/southwark-park-sports-and-athletics-centre/>
- Astro-Turf Cricket - Booking at <https://www.everyoneactive.com/centre/southwark-outdoor-sports-facilities/>
- 3 Football Pitch - Booking required (Link above)
- Cricket Nets
- 4 Tennis Courts - Booking at www.southwark.gov.uk/tennis
- Outdoor Gym Equipment

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For more details, please contact sports@southwark.gov.uk

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<u>Organisation</u>	<u>Session Description</u>	<u>Information</u>	<u>Target Group</u>
Parkrun	Free weekly 5k timed run.	Every Saturday at 9:00am	Adults
London City Athletics Club	Athletics Coaching/ Training for all abilities at Southwark Athletics Centre.	Various times throughout the week	Adults & Juniors
Southwark Park Cricket Club	Friendly Cricket Matches for all abilities	Sunday	Adults
Last Man Stands Cricket	Inner City Cricket League (In season)	Mon–Thurs 6pm–8:30pm	Adults – Mixed Gender

There are also a variety of other sporting and physical activity activities that take place throughout the week throughout the park

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