



Peckham Rye Park Sport and Physical Activity Opportunities

- Gaelic and Aussie Rules Football – In Season
- Football Pitches - Booking at <https://www.everyoneactive.com/centre/southwark-outdoor-sports-facilities/>
- 9v9 Football Pitch and Mini Football Pitches - Booking required (Link above)
- Table Tennis Tables
- Outdoor Gym
- Skate Park

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For more details, please contact sports@southwark.gov.uk

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<u>Organisation</u>	<u>Session Description</u>	<u>Information</u>	<u>Target Group</u>
Parkrun	5k timed run	Every Saturday at 9:00am	Adults People can run with buggies and with their dogs
British Military Fitness	Outdoor fitness	Various times throughout the week	Adults – Men and Women
Dulwich Harps GAA Club	One of the oldest Gaelic Football & Handball Clubs in London.	Tues and Thurs at 7pm (In season)	Adults
Peckham Rye Park Healthy Walk	Walk delivered by Everyone Active	Meet at Peckham Rye Park Cafe Weds 11am-12pm One hour walk with a 30 minutes option, on a mostly flat surface.	Adults
Peckham Rye Park Trail	Nature trail	Self-Guided	Everyone
Active Healthy Mind	Outdoor fitness	A qualified instructor started the session a few years ago and now the group lead themselves. Up to 20-30 people still attending!	Mixed (Adults)

There are also a variety of other sporting and physical activity activities that take place throughout the week throughout the park

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