Daley dives in
Tom’s favourite
Southwark spots

Say no to violence
Keeping our young people safe

The plastic problem
Hints and tips for reducing waste

PLUS Black History Month bumper pullout
The Bakerloo line extension from Elephant and Castle to Lewisham will transform the lives of thousands of people who live and work in Southwark.

Back the Bakerloo to make sure it happens!

BacktheBakerloo.org.uk

Better transport links

1000s of new jobs and homes

Improved accessibility

Reduced pollution and congestion
**welcome...**

Most of us never shake off that autumn ‘back to school’ feeling, and while we might not all have shiny new shoes and pencil cases, we can share in a sense of new beginnings and opportunities as the seasons change. In this edition of Southwark Life we hear from Southwark resident and Olympic athlete Tom Daley; someone who really does appear to grasp everything life throws at him with enthusiasm and positivity.

In Southwark, we want everyone to be able to reach their potential, and it is always a tragedy when a young life is lost to violence. This summer has seen a number of incidents across London, and we know how concerned communities are feeling. The article on p22 is essential reading for any parent, with real-life accounts of the personal costs, as well as heartfelt advice on how to keep our children safe. For communities, the police and the council, this is our absolute priority – to work together to protect our next generation – and we will be examining this issue, and showcasing some excellent projects that support young people, over coming editions of Southwark Life.

Our borough has a strong record of taking care of our young people, as the fascinating history piece on p28 describes. And whilst we might think the language is a little dated, the ethos of the Guild of the Poor Brave Things is something that we continue to live by today: everyone should have the opportunity to live a good and rewarding life.

And finally I hope you will join us for our fantastic Fireworks on Monday 5 November in Southwark Park. It is always a great event, and free for Southwark residents, so do snap up your tickets soon.

Best wishes,

Peter John
Leader of Southwark Council
Need to know...

The nights are drawing in so now’s the time to draw the curtains, settle down on the sofa and read all about the things happening across the borough this autumn.

For news and events follow us on social media or find out more at southwark.gov.uk/news

Follow us on Facebook facebook.com/southwarkcouncil
Follow us on Twitter @lb_southwark
Follow us on Instagram Instagram.com/southwarkcouncil

Let’s talk about libraries

We want our libraries to inspire lifelong learning and strengthen our communities, and as we look to develop and invest further we’d love to hear what you want to see from them. Whether you’re a current member who would like to see more activities, or a non-member who could be tempted in by additional services, we want to hear what you think. We’re proud of our libraries, with their great spaces, extensive resources and hardworking staff - but as we aim to move forward and maintain and develop our services we’d like to hear your feedback on how we’re doing so far, and what you’d like to see next. Our consultation will run until October and can be completed online or via paper forms that you can pick up at Southwark library offices. For more information, please visit www.southwark.gov.uk/talklibraries

London Bridge & West Bermondsey election

Humaira Ali, William Houngbo and Damian O’Brien of the Liberal Democrats were elected to three seats election in London Bridge and West Bermondsey ward on 14 June. The election’s original date on 3 May was postponed following the sad and unexpected death of Conservative candidate Toby Eckersley and was held a month later.

Cllr Humaira Ali (Liberal Democrat)
020 7525 5359 / 07731 340208
humaira.ali@southwark.gov.uk

Cllr William Houngbo (Liberal Democrat)
020 7525 5359 / 07731 340208
william.houngbo@southwark.gov.uk

Cllr Damian O’Brien (Liberal Democrat)
020 7525 0233
Damian.O’Brien@southwark.gov.uk

Cleaner Greener Safer

The Cleaner Greener Safer programme launched its 17th round of funding on 1 September 2018. If you have a great idea to improve your neighbourhood, then why not apply for funding to see if your idea can become a reality? Previous funding has been used to upgrade play and sports facilities, improve waste and recycling areas, create community green spaces and provide secure cycle parking. Applications can be made online or you can find paper application forms at local libraries and other council offices. Find out more at: www.southwark.gov.uk/engagement-and-consultations/grants-and-funding/cleaner-greener-safer or get in touch via cgs@southwark.gov.uk and we can talk through your idea and the application process.
School streets

Southwark Council will be piloting its ‘School Streets’ scheme outside Bessemer Grange Primary School in Champion Hill, which will see roads immediately outside schools close to traffic during peak school run times. The trial closure began on 10 September, will run for 14 weeks and aims to improve local air quality, combat road safety issues and encourage families to make the school run in an active or sustainable way. Depending on how the pilot closures go, and the feedback we receive, we’d be looking at then introducing the scheme to multiple schools across Southwark following an eligibility assessment. For more information, please head to www.southwark.gov.uk/schoolstreets

Skin whitening prison sentence

A Southwark shopkeeper is believed to be the first to receive a prison sentence for the illegal sale of dangerous skin whitening products. Mohammed Iqbal Bharodawala was punished with a 20-month conviction and assorted fines after reoffending during a suspended sentence for similar offences. Bharodawala and his company pleaded guilty to offences relating to the supply of illegal skin lightening products containing hydroquinone, linked to skin, liver and nervous system damage. His brother, Abdul Kadar Bharodawala, also pleaded guilty for selling similar products online. Southwark Council has been praised for its work on the cases, and is seen as one of most proactive enforcement authorities in the UK when it comes to tackling illegal skin lighteners.

Don’t lose your passport – use PAL instead!

We’ve launched our new Proof of Age London (PAL) cards, which can be used to show proof of age, access discounts in stores and attractions and as a Southwark library card – which means you can leave your passports or other documents at home and not risk losing them while you’re out and about. Proof of Age Standards Scheme (PASS) approved, the PAL cards are ID scan compatible and should be accepted anywhere in the UK where age verification is required. They’re available free for people aged between 16 and 25 and living or studying in Southwark, or for a £10 fee for people not living or studying in Southwark. Unlike some other card providers, we promise not to pass on or sell your personal data. This means signing up with us won’t result in spam emails or junk texts - just peace of mind and convenience. For more information, please visit southwark.gov.uk/pal

Service Point temporary closure

The Peckham Service Point in Peckham Library will be closed temporarily from 15 October 2018 to 2 January 2019 for refurbishment. Most services will be available at a mobile office outside Peckham Library, although it may be busy at peak times, so customers may prefer to visit one of our other service points across the borough. Full details are available at southwark.gov.uk/housing/council-tenants-services/mysouthwark-service-points
Mayor visits new council homes

The Mayor of London, Sadiq Khan, popped into the new homes at Marklake Court on the Kipling Estate last month to meet with tenants, councillors and members of the Leathermarket JMB.

Marklake Court is a new community-led development of council rent homes (flats and maisonettes) that has been delivered using a truly unique, grass roots approach to providing social rent housing - delivered in partnership by the local community and the Southwark Council.

Is your child due to start primary or secondary school in September 2019?

Now is the time to research and visit local schools with your child. Take the opportunity over the next few weeks to attend open days; a chance to take a tour and meet the teachers. You can find lots of information online in our admission brochures and on the school websites.

If you haven’t already done so, you will need to apply for a school place online, before the deadline. It’s quick, easy and available 24 hours a day. Secondary school applications close on 31 October 2018 and primary school applications close on 15 January 2019. For more information and to apply visit southwark.gov.uk/schooladmissions or call 020 7525 5337.

Have you got a bright idea to improve your neighbourhood?

If you have a bright idea for improving your local area that could benefit from funding, we want to hear from you. Southwark Council is inviting individuals and community groups to suggest how they would use our dedicated Neighbourhoods Fund to develop their local area.

Are you thinking of putting on an event or activity? Or perhaps to plant a communal flower garden? Maybe you’re a community group looking to promote inclusion or fight loneliness? We’re all ears. You can bid for our Neighbourhoods Fund from the 17 September.

For more information, visit www.southwark.gov.uk/neighbourhoodsfund
What do Southwark foster carers look like?

Like you, like us...

Care to join us?
☎️ 0800 952 0707  🌐 southwark.gov.uk/fostering
Support 24/7, training and allowance provided.
“Southwark is the best borough in London.”
There aren’t many millennials with a CV like Borough resident Tom Daley. Olympic medal winner, TV presenter, author, LGBT+ champion, and now a father, Tom has already crammed a lot into his 24 years.

His new book ‘Tom’s Daily Goals’ reveals how he manages his busy schedule while staying healthy and happy. Southwark Life caught up with him to find out more about his book, fatherhood and why he thinks “Southwark is the best borough in London.”

Congratulations on becoming a father for the first time – how are you and your husband finding the joys and challenges of a new baby?

Thank you. You speak to any new parent and it’s crazy how you can fall in love with something so quickly and so unconditionally. It’s the best thing ever.

And the sleep?

I hate to talk about it because I worry I’m going to jinx it, but he is a very good sleeper! We’re able to feed him at 9.30pm and he goes through until 6.30am. He’s not even eight weeks yet – he’s a pretty chilled baby and he likes his food.

Your new book ‘Tom’s Daily Goals’ promises simple top tips for sustained health and wellbeing – can you share any advice with our readers?

I think sometimes people associate exercise and being healthy with going to a gym and lifting weights but actually it’s just about getting moving and finding something you enjoy to do. In Southwark we have so many fun things for people to do – walking along the river or to one of the parks, there are so many ways to be active and Southwark is such a great place to explore.
You are a relative newcomer to Southwark – why did you decide to move here and what are your favourite things about living here so far?
I moved to Southwark from Stratford in 2014. We wanted somewhere close to the city, stumbled across Southwark and fell in love. There are so many things that we really liked about the area, we loved the vibe, there are lots of families which was a big draw for us, and there’s so much going on. We really love Flat Iron Square which is a great addition to the area, and we love being so close to Borough Market and the Tate – my husband absolutely loves that. I fell in love with the area because there are so many things to do, and it has such a chilled vibe.

A healthy diet is obviously crucial for sporting success. Have you found any healthy places to eat out locally that you could recommend?
Oh my goodness, there are so many. One place in particular that I think is great is in Flat Iron Square – the Savage Salad place. It’s a great place to grab a quick healthy lunch. And I actually really like Caravan – it’s one of my favourite places and we go there for breakfast at the weekends, especially when we have family in town, and they have loads of healthy options. I feel like we’re spoiled for choice around here for restaurants.

Childhood obesity is a challenge in Southwark, and the council is trying to help local children live healthy active lives through initiatives like Free Swim and Gym and Fizz Free Feb. How do you hope to help your son grow up healthily?
I guess a big change contributing to childhood obesity has been convenience food. There are lots of things people just do for convenience, like shove something frozen in the oven, but it really doesn’t take much more time to cook something from fresh and it’s often cheaper to do that. So one thing we’d like to do is get him involved in the kitchen, to understand more about food.

At the Commonwealth Games you spoke out about gay rights and called for change in countries that still criminalise homosexuality. Do you feel a responsibility as a high profile athlete to shine a spotlight on important issues like this?
I don’t feel a sense of responsibility but I do feel like I have an opportunity to shine a light on the issues I think need to be talked about that lots of people don’t even realise or understand. If I can use my social media power to help make things better for other people, then great. It wasn’t something that I intentionally did: I was sat having lunch after my Commonwealth Games competition, with my husband and my family, thinking how lucky am I to be able to sit here without worrying about any repercussions when I get home, living openly as who I am.

Do you have any tips for Southwark’s budding young athletes – what do you think is the key to success?
Pay attention to details. If I could go back I would pay attention to the smaller details when I was younger so they become built in to what you do every day. For example in diving, it would be pointing my toes. I was a bit scruffy with my feet when I was younger, and as I’ve gotten older it’s become a habit and it’s something I’ve had to work on to make my dive look nicer. The things you think are insignificant now will actually be really handy to get nailed down as early as you can.

And finally, what’s next for you Tom, what does the future hold other than bringing up baby?
I’m back to training in a few weeks, getting ready for Tokyo 2020, and I’ll carry on diving for as long as my body will let me. After that it’s just a matter of seeing where life takes me!

“I fell in love with the area because there are so many things to do, and it has such a chilled vibe.”
It might not be only the kids heading back to school this year…

Whatever your age, you can find exceptional adult learning opportunities across the borough. Whether you’re driven by simple curiosity or a desire to broaden your horizons, there is lots you can learn right here in Southwark.

Do you want a new qualification? Or, perhaps, to improve your job prospects? Maybe you’re looking for skills to help with a career change – or maybe even some tap dancing classes? Our broad range of subjects could well have something to suit your needs.

Both our learners and staff come from a rich variety of backgrounds and circumstances – and the Thomas Calton Centre from which many courses run proudly represents a diverse Britain where all kinds of people can share and learn together.

Our courses run at different times – so you can learn whether you’re available in the day, evening, or even certain weekends – and they vary in length, running from one day to an academic year. There are different fee levels and, depending on your circumstances, grants, discounts or concessions might even be available to you.

So – enrol, pack your bag and bring a crisp apple with you. We’re heading back to school.

“**I’ve gained some basic woodworking skills that I can use at home and lots of confidence to approach DIY projects around the house. I’m keen to learn more and be able to make larger things.**”

Eliza House, Woodwork for Beginners

“**This term has been brilliant - I am so pleased with my progress. I feel confident doing the different moves and can recognise my improvement in suppleness and general fitness. I understand my body better now and know when my muscles are tight and need more work. This would not have been possible without Kathryn’s brilliant teaching and watchful eye.”**

Joy McLaughlan, Pilates course

Please note the venue where most of our adult learning courses are delivered, the Thomas Calton Centre in Peckham, has been unexpectedly closed for urgent works. This means that we have had to delay the start of our autumn term while we seek alternative venues. We will update this page as soon as new information is available: [www.southwark.gov.uk/adultlearning](http://www.southwark.gov.uk/adultlearning)
Rogue traders

Rogue traders are active in Southwark, we’ve received reports of six incidents in the last four months. These sadly resulted in a loss of more than £54,000 for the vulnerable individuals involved – and there will have been many more unreported cases.

Typically these scams involve cold calling by traders for home repairs. Once inside, they may invent a non-existent problem that they say needs urgent attention, these commonly escalate into more serious works for grossly inflated prices.

Patricia Jackson is 70 years old and lives in East Dulwich. She was recently targeted by rogue traders and hopes that others will learn from her story. She said: “There was a knock at the door and a man introduced himself, he said there was a problem with the drains. He said because the mains cover was on my property I’d have to pay for the hire of the plant equipment to fix it. He seemed to know about my neighbour and his son and made me feel terribly responsible, he said if the drain overflowed with effluent my neighbour and the community centre would be affected as well.”

The man was working with others, who added to the pressure by telephoning Miss Jackson, she said: “They asked if I had cash in the house and then they wanted me to transfer funds, but I don’t have a computer. They tried to get me to use telephone banking, but I said I didn’t have that, and twice they suggested a cab - they didn’t say to the bank, but it was implied. There was pressure, a sense of urgency; they talked about ‘rules and regulations’ and it being ‘my responsibility’.”

Fortunately Miss Jackson suspected a scam, she reported the matter to the police and no money was lost.

We are calling on families and communities to pull together, talk about their experiences and say no to rogue traders. If you feel vulnerable you can fit a security chain to your door. The police crime prevention team and victim support may be able to help with this, free of charge.

It’s important that nobody gives money over the phone or at the door, or makes decisions about buying goods or services on the doorstep. It is wise to shop around and compare prices and you can often find reputable traders through friends and family and by using our Builders Award and Handy personas schemes. These and lots of other advice and information can be found on our website: www.southwark.gov.uk/rogue-traders

To report scams and rogue traders you can call Citizens Advice on: 03454 04 05 06 or if you feel threatened or intimidated call the police immediately on 999.
BLACK HISTORY MONTH
OCTOBER 2018

Exploring the heritage and history of Southwark's African, Caribbean and diaspora communities.

Don’t miss out on this October's amazing events! Most events are FREE unless stated otherwise.

#BHM2018
FOREWORD

As the new Cabinet Member for Culture, Leisure, Equalities and Communities I am delighted to introduce Black History Month in Southwark. It is a fantastic opportunity to celebrate the contributions black people have made and continue to make to Southwark life and the country as a whole.

In this brochure you will find a rich programme of inspiring and engaging events across Southwark, each hoping to entertain, teach and involve you in creating another chapter in black history.

June 1948 saw the arrival of the ship Empire Windrush in Tilbury docks which carried the first wave of post-war Caribbean settlers, marking the birth of multicultural Britain. Among these passengers was Sam King, whose journey here led to him becoming a Bellenden ward Councillor and then in 1983 the first black Mayor of Southwark. He was the first Jamaican to hold such a position in Britain. You can hear more about Sam King and his legacy in the interview with his family on page 9.

There is something for everyone in this October’s Black History Month - from film to classical music to Afro-beat as well as talks, poetry and live performances.

All events are free or low cost. Please get involved in celebrating our amazing black history in Southwark.

For more information on Black History Month or to download a copy of this brochure, visit www.southwark.gov.uk/BHM2018 A limited number of brochures are available from local libraries.
Interview about the

LEGENDARY SAM KING

Sam King MBE was one of 492 passengers whose transatlantic voyage on the ship Empire Windrush 70 years ago in 1948 symbolised the earliest wave of post-war Caribbean migrant labour to Britain. He went on to become the first black Mayor of Southwark and paved the way for the Notting Hill Carnival -Britain’s first multicultural street festival. We talk to his son, Reverend Michael King, and his grand-daughter Dione McDonald about his life and the rich legacy he has left behind.

Q: As close family members of Sam King can you tell us what you remember most about him?
A: Michael: I remember most of all my father’s voice as a strong, calm, authoritative, caring voice that seemed an anchor in life’s storms.

I remember his voice from childhood, telling stories, in my youth giving direction and then in adulthood giving support and advice. His voice is missed in person but still heard everyday in my heart and my head.

Dione: Grandad was a man of conviction. He had clear principles upon which he based many of his beliefs and actions, and these principles were rooted and grounded in his Christian faith, which in turn informed his strong belief that ‘there is no ‘I’ but that he was ‘a man of the people’.

Q: What do you think is Sam King’s legacy?
A: Michael: In my opinion, the legacy he left behind is clearly outlined on the blue plaque outside the family home I grew up in as a child. He was an ex-RAF veteran of the Second World War, he’s one of the original passengers on the Empire Windrush, he’s the first black Mayor of Southwark, he has an MBE for community leadership and he is a Christian advocate.

Amongst his many other accolades he was also a founding member of the West Indian ex-service association, recipient of Maundy Money, chair of the King’s Health Trust, numerous boards in education and housing, and a freeman of Southwark. He was also one of the founders of Notting Hill Carnival with Claudia Jones and also the first black newspaper in Britain - the West Indian Gazette. Sam King was a man of integrity who should be honoured for his genuine contribution to society regardless of race, age, creed and colour.

Dione: For me he has taught us that if you are brave enough in the midst of adversity you can make a difference. He showed us we should accept that God created all of humanity equal and chose to serve our community on this premise.

Also, the importance of engaging with the next generation in mind. This principle was certainly at the heart of his drive to establish the Windrush Foundation, and then naturally championing the documentation of the Windrush story to give everyone a fuller understanding of how Britain has become the country we all know today.

Q: What does the Empire Windrush’s 70th Anniversary mean to you and your family?
A: Michael: It means to me that Dad has left a legacy for future generations. He along with Arthur Torrington created the Windrush Foundation. Today it’s a national institution of worldwide renown.

The 70th anniversary means something of great pride, which was created by these brave pioneers, most of whom were ex-military. They were mainly Jamaicans who had responded to the call to rebuild the country after the devastation of WWII.

The 70th anniversary means something of great pride, which was created by these brave pioneers, most of whom were ex-military. They were mainly Jamaicans who had responded to the call to rebuild the country after the devastation of WWII.

Our family has a sense of pride for these heroes. From the days of signs saying ‘No blacks, no dogs, no Irish’ when renting rooms, to owning their own properties. It’s wonderful that their contribution to British society is recognised nationally and globally.

Dione: For us it’s a celebration of an amazing generation, who, despite the adversity, chose to care and serve all regardless of belief, position or background. It’s a celebration of a generation who still found a way to stay strong and hopeful, to forgive and love, to have compassion, laughter, dignity and strength. Thus, it is a celebration of all future generations who stand on their shoulders, making a difference in our communities locally and globally today.

Q: Can you tell us if there were any particular books Sam King enjoyed reading and why?
A: Michael: My father enjoyed reading ‘The World at War’, which charted the course of WWI and WWII. The reason for his interest was because he was a veteran of WWII from Jamaica.

He always said ‘if anyone who says they were not frightened under bombing is a liar.’ He also liked ‘Ivanhoe’ and ‘Master of Ballantrae’ because they all exhibited chivalry, loyalty, fair play and the triumph of good over evil.

Dione: The Bible because his Christian faith and his relationship with God were very important to him. It always brought him much joy to read the Bible to the family or to hear it being read.

There is a range of events running this October to mark the 70 year anniversary for Windrush. Take a look at the event listings for further details.
All events are FREE WITH NO NEED TO BOOK unless stated otherwise.

5 OCTOBER
The Road to Windrush: From John Primero to Sam King
Black communities in Southwark are part of a story that stretches back more than 400 years. Join borough archivist Patricia Dark for an illustrated talk and learn more about the borough’s black pioneers.

Time: 11am - 12pm
Venue: Peckham Library
Ticket Price: Free

EVERY TUESDAY AND FRIDAY IN OCTOBER
EXHIBITION: The bridge of voices: A home away from home
Video exhibition with several monitors playing interviews with members of the Windrush generation and their families. Facilities available on site for visitors to record their response.

Time: 10am - 3pm
Venue: Draper Hall, 50/57 Hampton Street (Corner of Newington Butts) SE17 3AN
Ticket Price: Please book at www.drapertogether.org/events
W: www.drapertogether.org/events
E: info@drapertogether.org
T: 07947 308 553

EVERY FRIDAY OF OCTOBER 5, 12, 19 AND 26
Cultural Exchange
Workshops for Afro-Brazilian Martial Art Capoeira and associated dances and rhythms, public displays and artistic presentations for children and adults.

Time: Kids workshops: 5pm - 6pm
Adult workshops: 6pm - 7pm
Venue: Husky Studios, 29a Amelia Street SE17 3PY
W: www.culturalexchange.org.uk
E: community@culturalexchange.org.uk
T: 07502 242 102

6 OCTOBER
70/70 Vision, History, Legacy: Tales and voices of Windrush and beyond
Many people from the Windrush generation settled in Southwark and the borough continues to have the greatest number of new multicultural church/faith communities in the United Kingdom. We want to celebrate their contribution on rebuilding the nation and their legacy.

Time: 10.30am - 4pm
Venue: Southwark Cathedral SE1
W: www.cathedral.southwark.anglican.org
www.southwark.anglican.org/help/jpic
E: marlene.collins@southwark.anglican.org
T: 020 7939 941

6 AND 20 OCTOBER
Our Windrush story: Pre, past and present
This event will honour those who arrived in Britain from the Caribbean following WWII. There will be a range of workshops, story telling poetry, a fashion show, dance, music from the past to present day, food for sale as well as exhibitions and drummers.

Time: Saturday 6 (12pm - 4pm)
Exhibition and workshops Saturday 20 (12pm - 7pm)
Music, stalls and entertainment
Venue: Lewington Community Centre, Silwood Estate, Eugenia Road SE16 2RU
Ticket Price: Free

6, 14, 27 AND 28 OCTOBER
Black History Month exhibition, film and celebration
Photo exhibition on the continuing story since the Windrush docking with adult workshops.
Film animation designed and created by children on the subject of the story since Windrush. Performance by children and a general public celebration over the weekend.

Time: Weekend of 27 and 28 October main event:
Saturday 27 12.30pm - 7.30pm
Sunday 28 12.30pm - 5.30pm
Workshops and activities in half term for school aged children:
22 - 26 October 9am - 12pm.
Adult photo workshops on 6 and 14 October 12.30pm - 6pm
Venue: The Green Community Centre
W: www.thegreennunhead.org
E: info@nunheadsvoice.org.uk
T: 020 7732 6543

1, 8, 22 AND 29 OCTOBER
Mental Fight Club - Celebrating ‘belonging’ through an art exhibition
Celebrating Black History month, through an art exhibition by BAME artists.

Time: Midday to 8.30pm
Venue: The Dragon Café, Crypt of St George The Martyr Church, Borough High St SE1 1JA
W: www.dragoncafe.co.uk
E: coremfc@gmail.com
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Name</th>
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<tr>
<td>11 AND 25 OCTOBER</td>
<td>From Windrush to Star Wars: 70 years of Southwark’s Black Pioneers</td>
<td>The Windrush generation – from the Caribbean and from Africa – didn’t have it easy. They faced the challenge of making a strange land feel like home, and the greater challenge of racial discrimination. But their skills and talents were vital to rebuilding post-war Britain. Many worked on the nation’s public transport system or the fledging NHS. View archived material including films interviews, posters, press cuttings, and more, from the borough’s historic records that tell stories from Southwark’s Caribbean and African diaspora communities. <strong>Time:</strong> 11am - 7pm: Thursday 11 November 11am - 6.30pm: Thursday 25 November <strong>Venue:</strong> Dulwich Library</td>
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<td>12 OCTOBER</td>
<td>Windrush Swing</td>
<td>Windrush Swing is a one hour performance that fuses theatre, music and dance to explore the life of Caribbean Jamaican jazz saxophonist Joe Harriot. The Friday show is followed by a free tea dance with live music and audience participation on Sunday 14 October. <strong>Time:</strong> First performance: 7pm Second performance: 1pm (til 4pm) <strong>Venue:</strong> Theatre Peckham, 221 Havlet Street, Camberwell SE5 7SD <strong>Ticket price:</strong> Adults: £5 Children: £3.50 <strong>W:</strong> <a href="http://www.theatrepeckham.co.uk">www.theatrepeckham.co.uk</a> <strong>E:</strong> <a href="mailto:admin@theatrepeckham.co.uk">admin@theatrepeckham.co.uk</a> <strong>T:</strong> 020 7708 5401</td>
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<td>13 OCTOBER</td>
<td>Storytelling with the Cowfoot Prince</td>
<td>An afternoon of storytelling with Usifu Jalloh (The Cowfoot Prince), whose storytelling style encompasses international languages, music, dance and themes, followed by the opportunity to take part in a traditional Eritrean coffee ceremony. <strong>Time:</strong> 2pm <strong>Venue:</strong> Benchley Gardens Community Centre, 145 Benchley Gardens SE23 3RF <strong>W:</strong> <a href="http://www.facebook.com/benchleygardensbgma/">www.facebook.com/benchleygardensbgma/</a> <strong>E:</strong> <a href="mailto:bgma@btconnect.com">bgma@btconnect.com</a></td>
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<td>14 OCTOBER</td>
<td>Black, LGBTQ &amp; Strong in Southwark</td>
<td>An interactive event exploring how the black LGBT community survived in Southwark, through faith, culture and activism after Windrush. <strong>Time:</strong> 2pm - 8pm <strong>Venue:</strong> Time and Talents 2 Surrey Quays Shopping Centre, Redriff Road, London SE16 7LL <strong>W:</strong> <a href="http://www.twitter.com/SwarKLGBTNET">www.twitter.com/SwarKLGBTNET</a> <strong>E:</strong> <a href="mailto:Chair@southwarklgbtnetwork.com">Chair@southwarklgbtnetwork.com</a></td>
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<tr>
<td>13 OCTOBER</td>
<td>South by South: Black History Month</td>
<td>South by South is South London Gallery’s programme of innovative African Cinema. It presents a screening of Black Girl (1966), a ground breaking film directed by Ousmane Sembène and a discussion in partnership with NAZ Africa. <strong>Time:</strong> 12pm - 6pm <strong>Masterclass:</strong> 12pm <strong>Discussion:</strong> 4pm <strong>Venue:</strong> South London Gallery, Clore Studio, 65-67 Peckham Road SE5 8UH <strong>W:</strong> <a href="http://www.southlondongallery.org">www.southlondongallery.org</a> <strong>E:</strong> <a href="mailto:mail@southlondongallery.org">mail@southlondongallery.org</a> <strong>T:</strong> 020 7703 6120</td>
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<td>14 OCTOBER</td>
<td>Black history walk - history all around us</td>
<td>Conducted by a professional black tour guide, this walk will illustrate more than 200 years of black history around Elephant and Castle. Suitable for all ages and mobility levels. <strong>Time:</strong> 2pm <strong>Venue:</strong> Draper Hall, 50/57 Hampton Street (corner of Newington Butts) SE17 3AN <strong>W:</strong> <a href="http://www.facebook.com/SwarKLGBTNET">www.facebook.com/SwarKLGBTNET</a> <strong>E:</strong> <a href="mailto:Chair@southwarklgbtnetwork.com">Chair@southwarklgbtnetwork.com</a></td>
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15 OCTOBER
Under your nose
Documentary about the black Lesbian and Gay Centre that was based in Peckham during the 1990s. Followed by a Q&A with the filmmaker and organisers of the centre. Against the backdrop of 1980s politics, Thatcherism, and burgeoning gay rights, Under Your Nose celebrates those trailblazing human rights workers whose political legacy is still apparent today. Running time: 90 mins.
Time: 6.30pm
Venue: PeckhamPlex, 95A Rye Lane SE15 4ST

15, 22 AND 29 OCTOBER
Mental Fight Club
These events will celebrate Black History month with great music, and a celebration of black poetry and writing. The event on 15 October will also celebrate film with question and answer session included.
Time: Celebration of Film: 7pm - 8.30pm Monday 15 October
Celebration of Sound: Midday - 8.30pm Monday 22 October
Celebration of Words: 7pm - 8.30pm Monday 29 October
Venue: The Dragon Café, Crypt of St George The Martyr Church, Borough High Street SE1 1JA
W: www.dragoncafe.co.uk
E: coremfc@gmail.com

16 OCTOBER
HIS-TOONRY Cartoon sketch class
This event celebrates 70 Years of Windrush through a cartoon workshop. It will bring out skills and knowledge of drawing cartoons of history and future, including Sam King, the first black Mayor of Southwark and a Windrush passenger.
Time: 3.30pm - 5pm
Venue: Bradfield Club, 5-13 Commercial Way, Peckham, London SE15 6DQ
Tickets: Free. Booking essential
E: tfatunla@hotmail.com
daniel.campbell@bradfieldclub.org
T: 07802 970 511/ 020 7703 2692

16 OCTOBER
Great Debate Tour
Great Debate is targeted at young black African and Caribbean communities, celebrating the diversity and heritage as well as acting as a forum for powerful, thought provoking discussion. With the help of a panel of experts including councillors, MPs, young people and community activists, participants are encouraged to explore issues that are relevant to the audience.
Time: 6pm - 9pm
Venue: London South Bank University
Ticket Price: Free
Register via Eventbrite: www.elevationnetworks.org
W: www.elevationnetworks.org
E: campus@elevationnetworks.org

16 AND 18 OCTOBER
Celebrating our Black Heroes
The Black Heroes Foundation will visit the two HourBank Cafes to help us celebrate and consider the impact of the docking of the Empire Windrush 70 years on.
Time: 10am - 11am, Tuesday 16 October at All Saints Church, Blenheim Grove, Peckham
3pm - 4pm, Thursday 18 October at St George the Martyr, Borough High Street
Ticket Price: Free entry, plus free light refreshments available.
W: www.pecan.org.uk
E: hourbank@pecan.org.uk
T: 020 7732 0007

17 OCTOBER
Sporting Recovery Windrush legacy open day
Time: 10am - 4pm
Venue: Damilola Taylor Centre, 1 East Surrey Grove, Peckham, SE15 6DR
Tickets: Free event. Entry via ticket on Eventbrite or from Sporting Recovery.
Any ticket/booking Information person, online or by phone
W: www.sportingrecovery.org.uk
E: help@sportingrecovery.org.uk

20 OCTOBER
Mayamada Storyboard Workshop
Mayamada presents a Storyboard Workshop based on the journey of the Empire Windrush, for children 7 years and over. Think about the journey, the destination and adventures along the way! Put your ideas into a story. Where will your imagination take you?
Time: 10am - 11.30am
Venue: Canada Water Library, 21 Surrey Quays Road SE16 7AR
W: Southwark.libraries@southwark.gov.uk

17 AND 20 OCTOBER
Black Millwall
Based on interviews with black Millwall players and fans, this documentary aims to challenge deep-rooted stereotypes concerning Millwall, and explore relations between the club, fans and community over a 50 year period.
Time: 7.30pm: 17 October
3pm: 20 October
Venue: Shortwave Café, 100 Clements Road, Bermondsey SE16 4DG
W: www.bedehouse.org.uk/millwall/
E: admin@bedehouse.org
T: 07838 132 521

18 OCTOBER
Our Windrush Stories
A selection of short plays written by students from two Southwark secondary schools. Working with professional playwrights, they have been encouraged to imagine what it was like to migrate to the UK on the Empire Windrush. These are their stories.
Time: 1.30pm - 3pm
Venue: Southwark Playhouse, 77-85 Newington Causeway SE1 6BD
Ticket Price: Free and available in person, online or by phone
W: www.southwarkplayhouse.co.uk
E: David.workman@southwarkplayhouse.co.uk
T: 020 7407 0234
20 OCTOBER

Windrush: The iconic generation
Come and celebrate the culture and traditions of the iconic Windrush generation who brought the heartbeat back to London through their music, food and dress style earning them a place in history.

Time: 2pm - 7pm
Venue: Rye Hill TRA Hall, 451 Peckham Rye SE15 3AA
E: Traryehillchair@gmail.com
T: 07796 645 380

22 OCTOBER

Storytelling for children with Trish Cooke
Renowned children's author Trish Cooke takes us on a journey to the Caribbean. Join us for her delightful stories.

Time: 2pm - 3pm
Venue: Peckham Library, 122 Peckham Hill Street SE15 5JR
E: Southwark.libraries@southwark.gov.uk

22, 23, 24 AND 25 OCTOBER

Baby and toddler sessions (for under 5s)
Celebrate Black History Month and join us for a mixture of stories and rhymes for children aged 5 and under.

Time and venue:
Camberwell Library, Monday 22 October (10.30am - 12pm)
Peckham Library, Tuesday 23 October (10.30am - 12pm)
Dulwich Library, Baby Rhyme time, Wednesday 24 October (10am - 10.30am and 11am - 11.30am)
Blue Anchor Library, Thursday 25 October (10.30am - 11.30am)
Canada Water Library, Thursday 25 October (11am - 11.45am)
E: Southwark.libraries@southwark.gov.uk

24 OCTOBER

Making myself visible
Nunhead resident Tracey Francis is a graphic designer and visual artist who incorporates printmaking, photography and film installations in her practice. Tracey will talk about her journey to becoming a visual artist. Tracey will present two films from her archive including her recent film The Peckham Wall – A Silent Voice (2018).

Time: 4.30pm - 5.30pm
Venue: John Harvard Library Hall, 211 Borough High St, SE1 1JA
Tickets: Free

25 OCTOBER

Black Millwall
Based on interviews with black Millwall players and fans, this documentary aims to challenge deep-rooted stereotypes concerning Millwall, and explore relations between club, fans and community over a 50 year period.

Time: 6.30pm
Venue: Peckhamplex, 95A Rye Lane SE15 4ST
Tickets: £4.99

25 OCTOBER

Restorative art through children's eyes
Celebrating Black History Month through our children’s digital art focusing on the Windrush generation, its legacy and contribution to the SE16 area.

Time: 12pm - 4pm
Venue: Docklands Settlement Community Centre, 400 Salter Road SE16 5AA
Tickets: Free. Donations accepted
W: www.theogavrielides.com/rj4all
E: rjforall.institute@gmail.com
T: 07708 758 600

26 AND 27 OCTOBER

The Windrush Time Capsule (Play with exhibition)
What if we could affect the future by changing our responses in the present?

Time: 6:30 - 9:30pm
Venue: Africa Centre Gallery, 66 Great Suffolk Street SE1 0BL
Wheel Chair Access available
E: decolonisingthearchiveoffice@gmail.com
W: www.decolonisingthearchive.com/events

27 OCTOBER

Concert by Chineke! Orchestra
After last year’s event sold out, an ensemble from the world-renowned Chineke Orchestra returns to Draper Hall to perform music by black British composer Samuel Coleridge-Taylor.

Time: 6.30pm
Venue: Draper Hall, 50/57 Hampton Street (corner of Newington Butts) SE17 3AN
Tickets: £4
W: www.drapertogether.org/events
E: info@drapertogether.org
T: 07947 308 553

27 OCTOBER

Decus Ensemble presents African Classical composers
Celebrating Black History Month the Decus Ensemble presents classical music written by composers of African descent.

Time: 2pm
Venue: Southwark Cathedral SE1 9DA
W: decusensemble.com
E: info@crackedreed.com
27 OCTOBER
Jamaican folk songs
Jamaica has a rich musical heritage spanning a diversity of styles and forms. Opera singer Adwoa Dickson’s recital for Black History Month draws from the wealth of Jamaica’s folk music and she will be accompanied by pianist Lorraine Liyanage.

Time: 4pm - 5pm
Venue: St. Barnabas Parish Hall, 23 Dulwich Village SE21 7BT
W: www.dulwichmusicfestival.co.uk
E: londonpianoevents@gmail.com

28 OCTOBER
TALK: How black people won WWII
A detailed and extensive look at the African, Caribbean and Asian war effort. Nigerian and Somali troops fighting in Burma, black and Asian women as secret agents, U-boats in the Caribbean and more.

Time: 3pm - 6pm
Venue: Draper Hall, 50/57 Hampton Street (corner of Newington Butts) SE17 3AN
W: www.eventbrite.co.uk/e/how-black-people-won-world-war-2-tickets-37853775662#
W: www.drapertogether.org/events
E: info@drapertogether.org

THROUGHOUT OCTOBER
ChatterBooks
(for children aged 7 to 11)
A fun way to chat about your favourite books, stories and characters and do fun activities. Children can read a book from our booklist and challenge themselves by completing our Windrush themed word games.

Blue Anchor Library
Tuesday 2 (4pm - 5pm)
Canada Water Library
Thursday 4 (4pm - 5pm)
Camberwell Library
Saturday 6 (2pm - 4pm)
Dulwich Library
Monday 8 (4pm - 5pm)
Kingswood Library
Tuesday 9 (4pm - 5pm)
Grove Vale Library
Tuesday 9 (4pm - 5pm)
Newington Library
Saturday 20 (3.30pm - 4.30pm)
Peckham Library
Thursday 25 (5pm - 6pm)
John Harvard Library
Thursday 25 (4pm - 5pm)
Brandon Library
Saturday 27 (2.30pm to 3.30pm)
East Street Library
Saturday 27 (11am - 12pm)

THROUGHOUT OCTOBER
Caribbean family history workshop
Come down for a session on researching your Caribbean family history. You can find out more about how to use family history websites and access overseas records, with tips and tools on getting the most from your research! You are invited to share some of your family history stories and be part of a collective journey of discovery.

Venue: Peckham Library Adult Pod: 2 October 2018 Time: 6pm - 7.30pm
Venue: Camberwell Library Hall: 11 October 2018 Time: 6pm - 7.30pm
Venue: John Harvard Library Meeting Room: 22 October 2018 Time: 6pm - 7.30pm
E: Southwark.libraries@southwark.gov.uk
T: 020 7525 0232 No Booking required.

THROUGHOUT OCTOBER
1. Black History Month film showcase
2. Display: Posters from the North Peckham Civic Centre collection
3. Pop-Up Archive
Range of exhibitions running throughout October.

1. Southwark Local History Library and Archive holds around 200 films dating from the late 19th century to the present, including films by and about BME communities. Join us in celebrating the achievements of Southwark’s black communities and filmmakers, with a selection of films running every day throughout the month.

2. The North Peckham Civic Centre, opened in 1966 and provided meeting and entertainment space for the communities in Old Kent Road. Its stage hosted African and Afro-Caribbean dance and theatre productions and club nights for nearly 40 years. Join us in looking back at the Civic’s history, using production posters from the archive’s collection.

3. Archives staff have chosen material from the borough’s historic records that tell stories from Southwark’s black communities. Drop in to learn more about the archive, our collections.

Time: All day
Venue: Local History Library and Archive, 201-211 Borough High Street, SE1 1JA
Tickets: Free. No need to book, but please contact us if you want to visit as a group.
E: LocalHistoryLibrary@southwark.gov.uk
T: 020 7525 0232

All information is correct at time of publication
Say thank you to your local hero

Do you know someone who works hard to improve your community? We want to recognise those who go the extra mile to help others.

Tell us why you think they deserve a Housing Heroes Award.

- Neighbour of the Year
- Best Community Initiative
- Young Community Hero
- Customer Service
- Outstanding Tenant and Resident Association
- Community Safety Initiative
- Lifetime Achievement
- Green Fingers Award
- Lifelong Learning Champion
- Healthy Hero

To nominate and for more information visit southwark.gov.uk/housingheroes or your local library

If shortlisted, you and the person you nominate will be invited to an awards ceremony where the final winners will be announced.

Winners will receive a trophy and £100 towards their chosen charity.

Nominations close on Friday 19 October
Over the past few months London has witnessed a number of tragic knife crimes, and many of the victims have been teenagers and young people.

Some of these incidents have taken place in our own borough, with the grieving families members of our community. The reasons that lead a young person to decide to carry a knife are many and complex, and while there is no simple answer the tragic impact is clear for everyone to see.

Cllr Evelyn Akoto, cabinet member for community safety and public health, said: “As a cabinet member with responsibility for knife crime, but also as a mother, I have been shocked and saddened to hear of the tragic events of the past few months.

“I have met with a number of families whose lives have been touched by knife crime and it is sobering to hear their stories. Behind every headline and statistic there is a family who have lost a loved one, whose lives have been changed forever.

“Knife crime is not something that one agency has the answers to but every part of the council is doing what it can, with its partners, to tackle this issue, whether it’s installing new CCTV, ensuring we have excellent youth services and opportunities for young people, or working closely with those most at risk. Every life lost to knife violence is a tragedy and alongside our pan-London partners, we are committed to doing all we can to end knife crime.”

Here we look at the impact of knife crime from different perspectives, and hear from some of those who are helping to turn things around.
THE FORMER GANG MEMBER

“I joined a gang when I was 13 and I’m 26 now. I had situations where I’ve had a knife pulled on me and I’ve pulled a knife on someone. I left the gang when I was around 17 years-old. There was no reason why I got involved, it was just my friends who I grew up with and we hung around together.

“I decided that this wasn’t for me on my last prison sentence. I was having a conversation with a man who was way older than my dad, he was in his sixties. He was saying he’d been in and out of jail since 1988; I hadn’t even been born then. That kind of checked me, I didn’t want that for myself.

“I work with the council as a mentor to kids in the borough, because I’ve been through it and I know the struggle I can relate to them. I wanted to be a role model to my son, my nephew and my nieces.

“Parents also need to speak to their kids; a lot of parents don’t know what their kids are doing. They need to tell their kids that they don’t want to be burying them next. Parents should tell their kids to stay safe, if something is going on move away and come home.

“My advice to someone who was in my position at 13 would be don’t follow your friends, don’t be a sheep, walk your own path. At the end of the day if you do get arrested for anything it’s going to affect you [and] affect your household. You’ve got to look at the bigger picture, the risk you’re taking, it’s not worth it.”
In 2008 Grace and Tim Idowu lost their 14-year-old son, David, to knife crime. David had been an active member of his community. The David Idowu Foundation was set up by Grace and Tim in memory of their son to educate young people about the dangers of gun and knife crime.

Grace said: “My message to young people is to stay focused. If they choose a negative path, the law won’t be on their side and this could lead to a criminal record and having a criminal record will make life difficult for them. Young people should choose their friends wisely because when they get in with negative people they will surely go down with them. I understand that peer pressure can make young people feel like they have no choice but they do. The friends you hang out with today might not be your friends tomorrow. When I visited the prison to see the young man who stabbed my boy, I asked him “the friends you were with that day, where are they?” he said he didn’t see any of them; none of them came to see him.

“At this point I would say to parents, the lives of our children are so important, we have lost so many to knife crime. Communication is very important; speak to your child about everything, your concerns, and fears. It is very crucial that you know your child’s movements, friends and what they are doing. If you suspect that your child is hanging with the wrong crowd, you must take action. Get help before it’s too late, let your actions reflect love not nagging or being abusive.

“This should be a community issue; it’s not for the government or police to tackle alone, we must come together to fight against knife crime.”

“The David Idowu Foundation organises a peace event annually to remember David and all young people who have died through violent crime. I want to see more people at our annual event; more Southwark residents. Let us come together with one voice as one community because by this we will save lives and with more participation, we will bring peace back into our community.”
Southwark Young Advisors work as mentors for young people across the borough, helping to divert them away from knife crime and toward positive activities and opportunities. Many Young Advisors have direct experience of knife crime or have grown up in areas affected by knife crime. Emmanuel, aged 22 has been a Young Advisor for five years.

“I think I was in my first year of college when one of my friends told me about a job that would allow you to have an impact in your community at the same time as improving your own skills.

“I’ve been a Young Advisor for five years and my reasons for staying have changed over time. We’ve done lots of different projects over the years, like mentoring young people and stop and search training with police, the work that we do has a really tangible impact. With everything that’s going on recently, I guess at the end of the day people are more likely to listen to people who they can relate to and it’s not something you can really force.

“I think ultimately they see somebody who is in some type of professional position and cares about helping them; it can also be less patronising because they know you’re coming from the same place as them. I’ve had conversations with gang members; I’ve had conversations with drug dealers, with all kinds of kids, including Oxbridge starters and inspirational community role models. The message that always seems to come out is the fact that you can always do something better and it’s not impossible to see people like you occupying particular roles.

“I don’t think every council is perfect but I think Southwark Council has been quite progressive about not just bringing kids into a room so they can tell kids what they want to do and get the kids to say ‘yes’. The council has allowed the Young Advisor role to be flexible and for young people to shape the role because young people understand what’s going on. That’s what allows us to maximise the influence that we can have.

“With knife crime it’s not as easy as just telling someone to stop, there are lots of different things that can hinder someone leaving a gang. You can’t expect someone to start a new chapter without reading their story first. Sometimes people aren’t always going to be ready to change their lifestyle but that fact that someone is there for them, I think we sometimes underestimate the power that has.”

WHO TO SPEAK TO:

- Youth Offending Service (YOS) 020 7525 0900, if you are concerned that your child is at risk of offending. A member of the YOS team will be able to discuss the level of support that can be offered on a voluntary basis or referral to other support services.

- If you, your family or friends believe you may be affected by knife crime and knife carrying you can take action to help the community by reporting concerns about issues in your area to the Southwark Anti-Social Behaviour Unit (SASBU) 020 7525 5777 (Monday – Friday).

- If you see an incident unfolding please dial 999. To confidentially report information about a crime please contact Crimestoppers on 0800 555 111.

- If as a parent you need further confidential support to deal with these issues you can call Family Lives 0808 800 2222 (formerly Parent Line) http://www.familylives.org.uk/

- If you have concerns for the welfare or safety of a child affected by these issues you can make a referral to the Multi-Agency Safeguarding Hub (MASH) 020 7525 1921 mash@southwark.gov.uk run by the council and partners.
At the beginning of 2018, China officially shut its doors to accepting plastic recycling. Last year, Chinese manufacturers imported 7.3 million metric tonnes of waste plastics from developed countries including the UK, the EU, the US and Japan. China now takes a lot less material as it replaces imported materials with recycled material collected in its own domestic market.

Eight to 12 million tonnes of plastic is being thrown in our oceans each year and the Environmental Audit Committee has demanded that the Government takes action now. In the UK alone, we use 7.7 billion plastic water bottles a year.

At a more local level, Veolia, Southwark Council’s waste and recycling contractor, has been investing in the UK’s plastic recycling infrastructure. On Old Kent Road is the council’s inner city Integrated Waste Management facility which handles the borough’s residential recycling and waste. It enables us to divert over 90% of Southwark’s waste away from landfill and recycle more than ever before.

The rising tide of plastic waste in the ocean has been described as a ‘planetary crisis’, so how can we do our bit?

**WHAT THINGS CAN WE ALL DO TO PREVENT PLASTIC POLLUTION?**

**REDUCE, REUSE, RECYCLE:**

This mantra is written in the right order. The most important thing we can do as consumers is REDUCE the amount of plastic we buy and use. Once we start to think about the amount of plastic we consume, we can make a huge difference together. The simplest way to begin reducing your plastic consumption is to think about every purchase you make. Think: is it plastic? What is it made of? What is it packaged in? Everything from clothes to phone covers, toilet brushes to crisp packets can be made from plastic. Once you’ve bought something plastic, it never truly goes away – so consider every purchase.

**SHOP SMART**

Markets are ideal places to buy fresh produce without the packaging, so take your bags along. Some supermarkets are wising up to the issue of plastic use, with Iceland this year committing to eliminate plastic packaging for all own brand products within five years. Independent stores often beat the big supermarkets on packaging – Turkish, Asian, African and East European supermarkets often sell loose fruit and veg, ketchups, pickles and sauces in glass jars, fresh unpackaged breads and pastries and large quantities of rice and spices for refillable jars. Southwark is home to thousands of small businesses to choose from so give them your custom.
HAVE A THOUGHTFUL LUNCH-BREAK

Take your refill coffee cup or water bottle, make a packed lunch to save yourself money too. Use purpose-made lunch boxes rather than single-use cling-film or try wax wraps, which you can make yourself using the magic of Youtube.

REFILL YOUR BOOTS

There is a growing number of online organisations which stock products which are refillable, and where the carbon footprint of delivery has been considered: for example, Splosh products will post refill cleaning products which have a lower environmental impact, delivered by electric-powered courier vehicles.

MAKE DO AND MEND

Save money and the environment: Choose to make your own products where you can: A box of Citric Acid will safely and cheaply descale a kettle, baby bottle steriliser, washing machine or toilet. It has no impact on marine life and comes in a small cardboard box. Vinegar will make your windows shine and bicarb will cope with some fabric stains. Give home made products a google and see how you get on. Try to choose products without Sodium Laureth Sulphate (SLS), this is a marine-damaging detergent found in everything from shampoo to toothpaste. Health food stores like Baldwin and Co on Walworth Road sell decent alternatives, or look online.

CONSCIOUS KITCHENS

Kitchen brushes can come with wooden handles and natural bristles, use cotton dishcloths you can wash rather than throw-away dishcloths and choose glass jars for storing dry goods rather than plastic ones, refill where you can. Even teabags contain plastic, so think about getting a tea pot or single infuser to use with loose tea. Southwark Council composts your food waste for you if you live on a street property.

DID YOU KNOW?

Around 98 percent of non-recycled waste is incinerated at SELCHP, Southwark and Lewisham’s South East London Combined Heat and Power plant, which turns the energy of burning waste into electricity. All garden waste is composted and reused in the borough.

CHOOSE WELL

Choose refillable packaging – spices come in refill pots. If you do buy readymade food, go for takeaways in cardboard, paper or foil wrap. Buy products with simple packaging: porridge in a cardboard box with no plastic inner lining, for example.

KEEP YOU AND THE PLANET BEAUTIFUL

You can buy bamboo toothbrushes, hairbrushes and razor handles made from natural fibres, which compost from major chemist chains, simple facial oils in glass jars which double up to use as a cleanser, body oil and moisturiser. A bar of soap or a shampoo bar, supplied in cardboard is one less plastic bottle. A cotton flannel for children's mucky faces means fewer plastic baby wipes floating in the sea. Invest in washable sanitary towels or a menstrual cup if you want to. Pre-loved clothes made from natural materials are a good alternative to man-made fabrics and plastic shoes or bags – local forums can turn out some real bargains too. Many of these items save money long term – think one off purchases rather than monthly plastic pile-ups.

RECYCLE ALL YOU CAN

It goes without saying that in Southwark, we want you to recycle. We encourage everyone to take your litter home, and to recycle what you can. We’ve made it as simple as possible. Whether you’re on a bag or box scheme, in a flat or street property, please do your bit. Follow the guidelines online at www.southwark.gov.uk/recycle
In Southwark, we believe every resident should have the opportunity to reach their potential, and we have a long tradition of supporting people of all abilities to live a full life.

Attitudes were very different a century or more ago. Victorians reacted to people with disabilities with discomfort and pity – as objects of charity rather than people living their own lives.

However, disabling conditions were more common, and medical treatment very different than today. Polio, tuberculosis, and rickets (vitamin D deficiency) could leave children using crutches or a wheelchair; often treatment involved years in hospital, where there was no teaching service. In an education system where class sizes could be 60 or more, children with disabilities would get none of the extra support they might need.

Around 1900 (a few years after primary schooling became compulsory and free), the London special school system started – by the 1930s, there were 32 special schools for children with physical conditions including burn injuries, amputations, heart disease and even asthma and diabetes. John Ruskin School and Nell Gwynne Nursery School both initially served these students.

However, poor people in this era found themselves trapped in the narrow horizons of low expectations – a situation that was often worse for people with disabilities, who were often cut off from community life altogether. A Bermondsey community worker inspired by a children’s book helped to change that – and in the process helped shape the fields of special education, occupational therapy and play therapy.

The children’s book was the 1883 novel The Story of a Short Life by Juliana Horatia Ewing -- the first blockbuster children’s author in English, and a major influence on Rudyard Kipling, Edith Nesbit, and the Girl Guide movement. It tells the story of Leonard, the spoiled only son of rich, cultured, pedigreed parents. When an accident (making him, in Ewing’s words, “a hopeless cripple”) makes it impossible for him to become a soldier, Leonard decides to try to bear his suffering as bravely as a soldier would, and starts his Book of Brave Poor Things – a collection of stories of others who have overcome disability.

The Bermondsey community worker was Grace Hannan Kimmins, better known to the people of Bermondsey as Sister Grace. Grace trained as a teacher, then began working as a Sister of the People at the West London Mission in 1893. The Sisters helped to meet...
the physical and spiritual needs of their neighbours – whether that was teaching Sunday school or scrubbing floors. In December 1895, Grace moved to the Bermondsey Mission, where she continued to work for decades and where she met her husband, educationalist Charles Kimmins.

Grace founded two organisations in late 1894: the Guild of Play which helped girls from poor urban areas enjoy and express themselves and work together as a group through music and dance, and the Guild of the Brave Poor Things.

The Guild of the Brave Poor Things (GBPT) was “...a band of men, women, and children, of any creed or none, who are disabled for the battle of life and who, at the same time, are determined to make a good fight.” While newspaper reports focused on the non-disabled supporters of the Guild and their efforts to “better the conditions of the disabled”, it’s also clear that it provided a means for people with disabilities to support themselves and each other. At the beginning of the 20th century, the Guild expanded to two dozen cities – the Bristol branch opened one of the first purpose-built accessible buildings in the UK in 1913.

Weekly meetings at Southwark Cathedral gave hundreds of local people a chance to learn, practice, and teach skills, attend lectures, create art and music, and exercise. Members learned military drill and dance, and often gave joint recitals with the Guild of Play for fundraising purposes – including a Shakespearean recitation in 1897. The GBPT also held an annual “industrial exhibition” of members’ handicrafts: not only did crafts provide recreation, for many members they were the key to making a living.

By its 10th birthday in 1904, the GBPT’s work had been recognised by the Board of Education, and the London County Council had created scholarships for young people with disabilities to learn trades. The Guild also founded the Chailey Heritage School in East Sussex, which provided skilled craft training for disabled young men, allowing them to earn their own living. Later, it expanded its scope to teach domestic and craft skills to both disabled and non-disabled young women. Many of the first students were drawn from the Bermondsey GBPT members, and the GBPT used its public performances to raise funds for the school. Grace’s biography notes that a Mr Ware, a GBPT member, left his life savings of £2 to the new school, in the hope that “…such a legacy would save his Guild friends from any money troubles in the future”. During the two World Wars, Chailey acted as a war rehabilitation hospital – including a ward for children with war trauma related to bombing. Wounded soldiers were often paired with a young person with similar disabilities for mutual support.

The Chailey Heritage School still exists – it now serves children and young people with complex physical disabilities, particularly neurological impairment. The first LGPT alumni would find the school’s ethos unchanged – that of providing the opportunity for every student to develop the skills they need. It’s an ethos born in Bermondsey.
Southwark Council will be holding its 15th annual fireworks extravaganza at Southwark Park this November. Tickets remain free for Southwark residents, but must be booked in advance.

Monday 5 November. Gates open at 5pm and food, drink and entertainment will be available until 8pm. Last entry to the park is 6.30pm FREE for Southwark residents. Tickets prices for non-residents can be found on the website
Southwark Park, SE16
www.southwark.gov.uk/fireworks

Interactive theatre company The Milo Wladek Co. is joining forces with VR-writer Myra Appannah and renowned digital artist Circa69 to create a new augmented reality performance. The event is commissioned by Southwark Council as part of the Blackfriars Stories 2018. Reflected will reveal one of the greatest stories never told. A creative scientist born and raised in Southwark will discover something quite extraordinary about you and I. Suitable for ages 10 and over.
Thursday 20 to Saturday 29 September, 2018. Regular slots 4pm to 7pm daily. Running time 60 mins (approx) 10 standard (£5 concessions and for Southwark residents)
Start at Platform, 1 Joan Street, SE1 8BS.
www.southwarkreflected.co.uk

Family-friendly Mayflower history workshop
London Bubble’s inter-generational group have been exploring the history and contemporary resonances of the Mayflower. Join them for an interactive workshop to learn about the life and times of the passengers on board the ship, their reasons for leaving, and to share your own stories of migration. Suitable for all ages.
Monday 1 October at Cherry Gardens TRA, Friday 12 October at T&T2, Surrey Quays shopping centre. More dates TBC. 6.30pm to 8.30pm FREE
Cherry Gardens TRA and T&T2, Surrey Quays shopping centre
http://londonbubble.org.uk/page/the-passengers-aboard-the-mayflower/

This exhibition explores the history and current use of The Camberwell ILEA Collection. The display considers the original function of the collection - the Experiment in Design Appreciation - through rarely seen archive material.
Now to Saturday 27 October, 2018. Monday to Friday 10am to 6pm, Saturday 12pm to 4pm (except 22 and 29 September) FREE
Camberwell Space, Camberwell College of Arts, 45-65 Peckham Road, London, SE5 8UF
www.arts.ac.uk/colleges/camberwell-college-of-arts/whats-on-at-camberwell
**Love Thy Fro: The Musical**

School photo day is tomorrow and Kemi has a crisis - her hair isn't right. After many failed attempts to try and tame it, Kemi goes on an unexpected journey to the 1970s where she meets a familiar face and discovers there is something deeply special about taking pride in her big, beautiful afro hair. The question is... will she get it right in time for photo day? An adaptation of Casey Elisha’s debut children’s book, Love Thy Fro: The Musical teaches there is much pride to be had in loving the skin you’re in.

**Thursday 18 to Sunday 21 October. Various times**

Tickets from £5

Theatre Peckham, 221 Havil Street, London, SE5 7SD

www.thelittleboxoffice.com/LTFmusical

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**Windrush Square**

It’s 1980s, Brixton. The community have had enough, it’s time to rise up and pursue equality in the eyes of the law. Join the Johnsons as an essential part of British history straight from the heart of Brixton is unearthed and retold through the story of one family.

**Thursday 4 to Saturday 6 October 8pm**

Full price, £12. Concessions, £10. Southwark residents, £8

Blue Elephant Theatre

www.blueelephanttheatre.co.uk

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**For Only an Hour**

Combining vivid storytelling with frank reflections on sexuality, class and power, this new stage adaptation of Édouard Louis’s internationally acclaimed autobiographical novel tells the unflinchingly honest story of a boy growing up gay in isolated rural France. Contains explicit sexual references and frequent use of strong language, suitable for ages 16+.

**Now to Saturday 6 October. Various daytime and 7pm performances, Tuesday to Sunday**

£8 to £20

Unicorn Theatre

www.unicorntheatre.com/TheEndOfEddy

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**Nunhead Art Trail**

Artists will be opening their doors across Nunhead, showing paintings, sculpture, print, photography, ceramics and textiles. Art will also be on display in Tenant’s Halls, shops, cafes, pubs and a local school. Nunhead’s Community Centre, The Green, hosts a wonderful weekend as part of the Art Trail this year with free dance classes, the Community Choir, an Open Exhibition by local artists and a solo show by Nunhead resident Beris Blake.

**Saturday 29 and Sunday 30 September. 11am to 6pm**

**FREE**

Various locations in Nunhead

www.nunheadarttrail.co.uk

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**Roman Dead**

The rare Roman sarcophagus found on a site in Southwark last year is now on public display at the Museum of London Docklands alongside the skeletal remains of the woman buried inside it.

**Now until Sunday 28 October. Museum open daily, 10am to 6pm**

**FREE**

Museum of London Docklands

www.museumoflondon.org.uk/romandead

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**Knock Knock**

On 22 September the South London Gallery will open a new contemporary arts space in a former Fire Station on Peckham Road. In celebration of the opening of its second building, the SLG presents KNOCK KNOCK, a group exhibition exploring the enduring use of humour in contemporary art.

**Saturday 22 September to Sunday 18 November. Tuesday to Friday 11am to 6pm, Saturday and Sunday 10am to 6pm. Late opening on Wednesdays and the last Friday of the month**

**FREE**

South London Gallery, 65-67 Peckham Road, London, SE5 8UH

www.southlondongallery.org/knockknock

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FREE tickets for Southwark residents

SOUTHWARK FIREWORKS NIGHT

Monday 5 November 2018
Southwark Park, SE16
Gates open at 5pm, last entry at 6.30pm

FREE tickets for Southwark residents
Visit southwark.gov.uk/fireworks or call 0844 844 0444* to get your ticket.
No ticket, no entry.
Get there early to avoid long queues.

*Calls are 7p per minute from a mobile or landline.