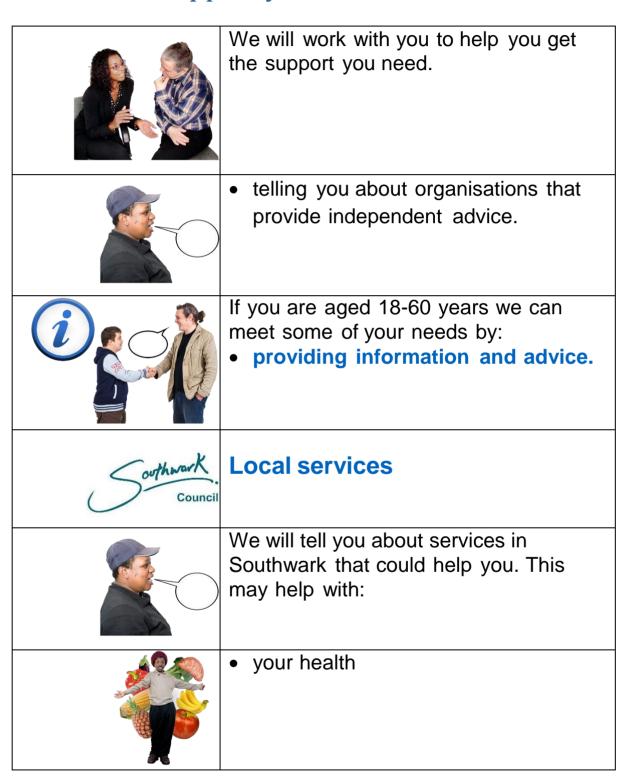


How we can support you adult with care needs?





| | The Ageing Well Service has offices across Southwark where you can come-in for help. |
|----------------------------------|--|
| 1 2 3 4 5 6 7 8 9 * 0 # | You can also phone them and there is a website, to get information about practical services |
| | for example, Age UK's Handyperson, nail cutting and advice services, adaptations and support in the home, and exciting social activities and groups to take part in. |
| 1 2 3 4 5 6 7 8 9 * 0 # | The service can be contacted by telephone 020 7525 3324 or visiting the Age UK website. |

| | Personal budgets |
|--|---|
| | If you have extra needs that cannot be met by information and advice or local services, you will get a personal budget . |
| | A personal budget gives you more choice and control with your support. |
| | |



Manage your personal budget

There are 4 ways to manage your personal budget.



1. Direct payment

Your **personal budget** is paid into your bank account and you can buy your own support.



2. Council managed personal budget

Your **personal budget** is managed by Southwark Council. Your support is provided by services that the Council buys.



3. Third party managed personal budget

Your **personal budget** is paid into another bank account. An individual or organisation buys your support for you.



4. Mixed personal budget

Your **personal budget** is a mix of all 3.

