

A close-up photograph of a person's face, focusing on the forehead and temple area. A hand is gently touching the person's skin, with fingers spread across the forehead. The lighting is soft, highlighting the texture of the skin and the hand.

# Stop Adult Abuse

See it,  
Report it

**Keeping adults safe  
from abuse**

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**Easy Read**

**Southwark Safeguarding  
Adults Partnership** 

# What is adult abuse?



Adult abuse could be:-

**Physical abuse** - like pushing, hitting slapping, shaking or kicking.



**Neglect** - which means not looking after someone properly.



**Sexual** - which means:-

- Trying to have sex with someone
- Touching them when they don't want it.
- Showing their private parts.
- Making them look at sexy pictures.



**Making someone feel bad** by shouting, swearing or calling them horrible names.



**Stealing** someone's money or tricking them into giving away money.



**Discrimination** - treating people bad because of their race, their disability, their faith, their sex or whether they are gay or straight.



An **adult at risk** is someone over 18 years old who needs help to look after themselves.

# How do you know if someone is being abused



- They might be injured and don't say how it happened.



- They might be frightened by certain people.



- They may be very quiet or sad.



- They may suddenly get into debt and have no money.

## Who abuses people?



It could be anyone.



It may be someone you know - like a partner, family, friends, carer, a professional or a volunteer.

It could be a stranger.

## Where does the abuse happen?



Abuse can happen anywhere.

It might be at home, in a care home, a hospital, a day service, at college, or in a public place.

## What to do if someone is being abused?



You should tell someone. Call Southwark Adult Social Care on **020 7525 3324**

If they are hurt you should phone **999**

If there has been a crime you should phone the police.

## What happens if I report it?



We will listen to you.

We need to talk with the person who has been abused.

What we do next will depend on how serious it is and what the person wants.

## Contact Adult Social Care



020 7525 3324



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ADULT  
ABUSE**