Southwark Visual Impairment Groups

Regular Groups / Activities

- **BlindAid Workshops:**
  [http://www.blindaids.org.uk](http://www.blindaids.org.uk)
  Weekly activities – based at Southwark Resource Centre: 10 Bradenham Close, Westmoreland Road, SE17 2QB

  Computers and IT, Art & Craft, Healthy Eating & Cooking, Exercise / Yoga.

  **Telephone:** (020) 7403 6184 (Clarissa Ferguson)
  **Email:** cferguson@blindaid.org.uk

- **South East London Vision ( SELVIS ):**
  [www.selvis.org.uk](http://www.selvis.org.uk)
  Independent Charity for Visually Impaired People in South East London.

  Monthly Meetings are organised for local blind and Partially sighted people.

  Organised Social activities – and Volunteer support.

  **Telephone:** 07972 411393
  **E mail:** info@selvis.org.uk
- **Time and Talents:**  
  [http://www.timesandtalents.org.uk](http://www.timesandtalents.org.uk)  
  Fortnightly meetings. Alternate Thursdays: social activities including occasional day trips.

  **Telephone:** 0207 232 5667  
  **Email:** cindyglover@timeandtalents.org.uk  
  **Address:** The Old Mortuary, St Mary Church Street, Rotherhithe SE16 4JE

- **Crusoe Club: Blackfriars Settlement:**  
  [http://www.blackfriars-settlement.org.uk/MGA43M87805](http://www.blackfriars-settlement.org.uk/MGA43M87805)  
  Fridays. Social activities, includes a lunch club.

  Blackfriars Settlement  
  90-94 Great Suffolk Street  
  London SE1 0BE  

  **Telephone:** (020) 7928 9521  
  **E mail:** tina.johnston@blackfriars-settlement.org.uk

- **Southwark Pensioners VI group:**  
  Tuesday Afternoons – fortnightly.

  305-307 Camberwell Road  
  London SE5 0HQ  

  **Telephone:** 020 7708 4556 (Contact Jason Green)  
  **E mail:** Jason.green@southwarkpensioners.org.uk
• **Torch Trust:**
  [http://torchtrust.org/](http://torchtrust.org/)
  For Christians with sight loss.
  Local group meets monthly at the Grove Chapel, Camberwell Grove SE5.

  Telephone: (020) 7274 1835

**Local organisations**

• **BlindAid:**
  [www.blindaid.org.uk](http://www.blindaid.org.uk).
  Home visitor Service
  Welfare Rights
  Group Activities (see above)
  Telephone Befriending

  **Telephone:** (020) 7403 6184

• **South London Resource Centre for Visually Impaired People:**
  Wednesday Club – information talks on eye conditions and managing with sight loss.

  Organises a Choir for Visually impaired people:
  ‘The VIP singers’

  Based at St Thomas’ Hospital Eye department. Supports the Low vision clinic.
• **OBAC: ( Organisation for Black African Caribbeans)**
  [www.obac.org.uk](http://www.obac.org.uk)
  Provide advice around Education, Employment, Immigration, Welfare Rights, to people with Visual impairment and other Disabilities.

  **Telephone:** 0207 7735 3400  
  **Address:** 1ST Floor Gloucester House, 8 Camberwell New Road, London SE5 OTA

• **Extant:** Performing Arts Company
  [http://extant.org.uk/](http://extant.org.uk/)
  Theatre and Performance from Visually Impaired artists.

  **Telephone:** 020 7820 3737  
  **E mail:** info@extant.org.uk  
  **Address:** The White House, Oval House Theatre, 52-54 Kennington Oval, London, SE11 5SW

• **Metro Blind Sports:**
  [www.metroblindsport.org](http://www.metroblindsport.org)
  Metro is a London based Sports and Social Club for blind and partially sighted people of all ages.

  **Telephone:** 07814 751643 (Ian Francis)

• **Royal London Society for the Blind (RLSB)**
  [www.rlsb.org.uk](http://www.rlsb.org.uk)
  Services for young Blind or Partially sighted People – up to 25 years old.

  **Telephone:** 01959 569 848
• **Pocklington Trust:**
  [www.pocklington-trust.org.uk](http://www.pocklington-trust.org.uk)
  **Link Up**
  Aim to match up blind and partially sighted adults (aged 18+) with a volunteer so that they can attend events and participate in activities together. The focus of Link Up is on social activities and events, such as going to an art gallery or the theatre, or participating in sports.

  **Telephone:** 020 8996 1947  
  **E mail:** [ana.toneato@pocklington-trust.org.uk](mailto:ana.toneato@pocklington-trust.org.uk)

  **Befriending:**
  **Telephone or Email befriending service**

  **Telephone:** 020 8996 1930  
  **E mail:** [befriending@pocklington-trust.org.uk](mailto:befriending@pocklington-trust.org.uk).

• **Guide Dogs : My Guide**
  [http://guidedogs.org.uk](http://guidedogs.org.uk)
  My Guide is a service provided by Guide Dogs to support people who are blind or partially sighted get out and about, to do the things they want to do.

  **Telephone:** 0845 372 7499  
  **E mail:** [myguide@guidedogs.org.uk](mailto:myguide@guidedogs.org.uk)

**National Organisations:**

• **Action for Blind People / RNIB**
  [http://www.blindaid.org.uk](http://www.blindaid.org.uk)
  **Telephone:** 0203 123 9999

• **Guide Dogs**
  [http://guidedogs.org.uk](http://guidedogs.org.uk)
  **Telephone:** 0118 983 5555

• **Deafblind UK**
  [http://deafblind.org.uk](http://deafblind.org.uk)
  **Telephone:** 01733 358 100

• **SENSE**
  **Telephone:** 0300 3309 250

Last Updated January 2017
http://sense.org.uk/

- SeeAbility
  http://seeability.org
  Telephone: 01372 755 000

- Blind Veterans UK
  www.blindveterans.org.uk/
  Telephone: 020 7723 5021

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