

Supporting Documents

for

Sustainable Southwark Booklet

These notes are provided to help teachers understand the content of the booklet by providing some background information. Some of the notes are direct quotes from the Our Climate, Our Health report and others are paraphrases. Whilst sharing this information verbally with the class it could be good to ask lots of questions too.

*PLANNING A HEALTHY, SUSTAINABLE SOUTHWARK
FOR EVERYONE*Page 1**1**

People usually think of cities as being unhealthy and bad for the environment but there are lots of ways to make them both healthy and sustainable. Southwark is home to over 330,000 people and so there is a lot of detailed, large scale work to be done. But we can change the way we do things to reduce our carbon footprint, protect the environment and improve everyone's health.

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1

If we build homes which are insulated to stay warm in the winter and which can stay cool in the summer then we can use less energy for heating and fans and also protect against the illnesses caused by hot and cold weather.

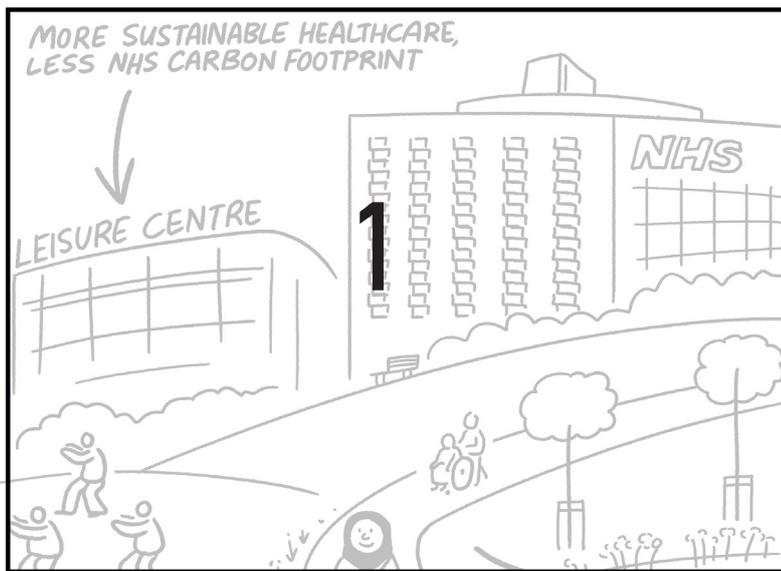
2

If we make it easier for people to walk or cycle to where they need to get to, then we can reduce the number of cars on the road. This would mean less carbon dioxide would be produced. It would also mean there would be less air pollution and residents would get more exercise while going about their daily lives.

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1

As well as thinking about what happens in homes and communities we can think about businesses and public organisations like the NHS. The NHS has a large carbon footprint and much work is going into making health care more sustainable as well as better and safer.

2

If we create new green spaces and protect the ones we already have then we can help local wildlife, protect against flooding, and keep the area cooler. These same spaces can be used for social and recreational activities, including outside play and exercise.

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WHAT COULD
YOU
DO ABOUT IT?

THINK

- * TRANSPORT
- * FOOD
- * ENERGY
- * AIR POLLUTION
- * AWARENESS
- * SHARING YOUR IDEAS
- * COMMUNITY
- * NEIGHBOURS
- * WASTE
- * RECYCLING
- * RESOURCFULLNESS
- * STAYING WARM
- * STAYING COOL
- * FOSSIL FUELS
- * PROTEST

* AS AN INDIVIDUAL
* AS A CLASS
* AS A SCHOOL
* AS A FAMILY

1

2

3



Page 4

1

It could be helpful to ask the students to think through what they could do about making Southwark more sustainable either as an individual, as a class, as a school or within their families.

2

There are some keywords here to help get the creative juices flowing. At this stage it could be good to go round the class and chat individually to students about their ideas and help to figure them out.

3

Drawings and words (particularly slogans) should be encouraged at this stage and can be added to the booklets in this blank space.