

Supporting Documents

for

Food Shortages / Meat Booklet

These notes are provided to help teachers understand the content of the booklet by providing some background information. Some of the notes are direct quotes from the Our Climate, Our Health report and others are paraphrases. Whilst sharing this information verbally with the class it could be good to ask lots of questions too.

Page 1

1

The climate crisis is going to affect the supply of food around the world, including in Southwark.

2

In the UK, it will become more difficult to grow the types of crops we grow now due to extreme high and low temperatures, and changes in rainfall. In the UK we import about 40% of our food from abroad, so changes in other countries will affect us too.

3

If there is not enough food then prices may rise, making it harder for low-income families to access healthy, balanced meals and potentially making them more reliant on cheaper, processed food. This is a big issue because 75,000 people in Southwark already face 'food insecurity' (which is when someone is at risk of going without food for over a day). High prices will only make this struggle harder.

4

Across the world the meat industry produces more greenhouse gas emissions than all our cars, planes, trains and ships combined! Also, livestock is increasingly being farmed on land that was once forest. Cutting down trees has a terrible effect on the environment because trees naturally clear CO₂ from the air and produce O₂.

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Page 2

1

Southwark Council is actively creating more food hubs/community fridges, training front-line staff to help people who are facing food insecurity and encouraging food growing projects across the borough.

2

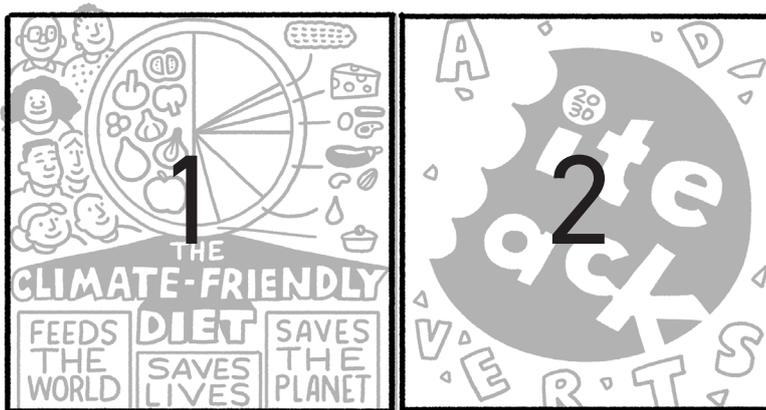
They're also making sure that schools and other organisations are sticking to the Eatwell Guide, which helps cooks make healthy, balanced meals.

3

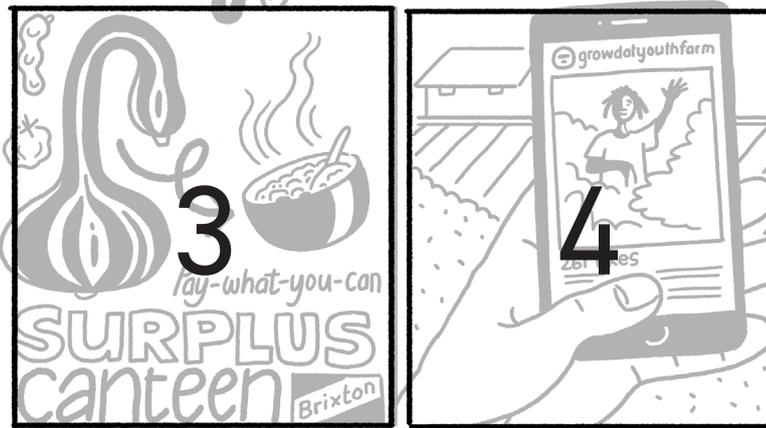
They are also offering incentives to local businesses for putting more meat-free options on their menus, running community cooking classes, creating healthy initiatives in schools such as a 'Water-only Policy', encouraging more meat-free options and lastly making sure people are being educated about food shortages and the meat industry.

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What are other
 people (young + old)
 doing about it?

Page 3

1

Scientists from all over the world are putting their heads together to come up with a global diet plan that shares the earth's food resources equally amongst the entire population of the planet, is healthy enough to tackle diseases and restores environmental harmony. This group is called The EAT-Lancet Commission.

2

Young people in the UK have formed a campaign called Bite Back which call-outs advertising companies/brands that carelessly encourage us to eat unhealthily.

3

Brixton Pound is a canteen in South London that uses surplus food to make healthy meals that people pay-what-they-can for. 1/3 of all food that is grown in the world goes to waste because supermarkets won't sell food that doesn't look perfect. The canteen rescues this perfectly good food and uses it to feed people who may be food insecure.

4

Lots of young people are using social media to share what they are doing to fight food shortages and climate change.

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WHAT COULD
YOU
DO ABOUT IT?

THINK

- * DIET
- * COOKING
- * FOOD INSECURITY
- * VEGETABLES/MEAT
- * PROTEST
- * LEARNING
- * ACTION
- * CHANGES
- * INCENTIVES
- * TALKING
- * ONLINE
- * IN PERSON
- * AT HOME
- * IN SCHOOL
- * ON THE STREET

* AS AN INDIVIDUAL
* AS A CLASS
* AS A SCHOOL
* AS A FAMILY

1

2

3



Page 4

1

It could be helpful to ask the students to think through what they could do about food shortages/the meat industry either as an individual, as a class, as a school or within their families.

2

There are some keywords here to help get the creative juices flowing. At this stage it could be good to go round the class and chat individually to students about their ideas and help to figure them out.

3

Drawings and words (particularly slogans) should be encouraged at this stage and can be added to the booklets in this blank space.