

WHAT'S YOUR NEXT MOVE?



HOW CAN TEAM SOUTHWARK HELP YOU CONTINUE YOUR JOURNEY AFTER THE LONDON YOUTH GAMES?

ITS NOT ALL ABOUT BEING AN ATHLETE AND WINNING. THERE ARE SO MANY MORE OPPORTUNITIES SPORT CAN OFFER YOU.

- VOLUNTEER YOUR TIME
- JOIN A SPORTS CLUB
- BECOME A REFEREE
- BECOME A COACH
- TRY FREE SWIM & GYM

CASE STUDIES

JOSEPHINE: "LYG was a really exciting experience for me - it taught me how to adapt my skills within a new team and be dedicated towards something."

CRYSTAL: "The LYG allowed me to be active within a sector that I really enjoy and gave me a bigger picture of how the competition is run."



JUNIOR: "I went to the London Youth Games Trials last year and although I did not get in, I met a coach who invited me to Southwark Pride training sessions. Since then I have continued to train and get better at basketball and I am now a national league player."



DAVID: "I first became involved in the London Youth Games in November 2015, with my daughter. After a difficult start to secondary school, I was looking around for activities to cheer her up and came across the LYG cricket and signed her up. My son also plays, LYG has helped him have a focus away from the exams and helped relieve all the stress."

Visit www.southwark.gov.uk/WYNM or email lyg@southwark.gov.uk

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