**Interested in Fostering? Some suggestions for further information**

**If you are thinking of Fostering why not have a look at these websites, books and podcasts?**

***Books***

**Attachment, trauma and resilience** by *Kate and Brian Cairns*

**Parenting a child who has experienced emotional and behavioural difficulties** by *Dan Hughes*

**The Banana Kid** *Valerie Mason-John*

**If you don't stick with me who will?**  *By Henrietta Bond*

**Growing up in foster care** *by Gillian Schofield and Mary Beek (November 2000)*

**The Secure Base Model; promoting attachment and resilience in foster care and adoption** *by Gillian Schofield and Mary Beek*

***Podcasts***

[**www.thefosteringnetwork.org.uk/podcasts**](http://www.thefosteringnetwork.org.uk/podcasts)

***YouTube***

[**www.youtube.com/user/fostering**](http://www.youtube.com/user/fostering)

**The Fostering Network**