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## Homecare

|  | <ul> <li>A homecare service provides:</li> <li>help for you to live independently at home for as long as possible</li> </ul> |
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|  | <ul> <li>paid care workers to visit<br/>your home to help you<br/>with daily tasks</li> </ul>                                |
| Monday<br>Tuesday<br>Wednesday<br>Thursday<br>Friday<br>Saturday<br>Sunday | <ul> <li>support for a short time<br/>when there is an<br/>emergency</li> </ul>  |
|  | <ul> <li>a break for family or<br/>friends, if they are caring<br/>for you.</li> </ul>                                       |
|  | <ul> <li>Homecare can include help with:</li> <li>personal care, such as help with taking a bath or shower</li> </ul>        |
|  | <ul> <li>going out in the<br/>community</li> </ul>   |

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|  | <ul> <li>shopping</li> </ul>  |  |
|  | You can manage your own<br>homecare by employing a<br>care worker through a<br>homecare agency.                         |  |
| Q CareQuality<br>Commission            | You should choose an agency<br>that has been checked by the<br>Care Quality Commission<br>(CQC).                        |  |
|  | The <b>Care Quality</b><br><b>Commission</b> checks all the<br>organisations that provide<br>health and care in the UK. |  |
|  | You can search for homecare providers on the CQC website.   |  |
| Questions to ask a new homecare agency |   |  |
|  | Do you have an out-of-hours or emergency service?   |  |
|  | Do you provide a service at<br>any time of the day or night?  |  |

southwark. How do you train and manage your care workers? Would this training help to meet my support needs? How would you find out if I am happy with your service? Can I have the same care worker or same two/three care workers helping me? Will the care worker always visit me at my preferred time? Can you give me a timetable Mondav Tuesday for when the care worker/s Wednesday Thursday will visit me each week? Friday Saturdav Sundav When you get a homecare service you will not get the same care worker everyday. If you would like to get support from the same person every day, you should think about getting a personal Onal Assi assistant.

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| Personal assistants       |   |  |
| Aersonal Assistant        | A <b>personal assistant</b> gives you more choice and control over your support.  |  |
|                           | Some people choose<br><b>personal assistants</b> because<br>they want support from <b>one</b><br>person they know and trust.  |  |
|                           | If you qualify for support,<br>you can use your <b>personal</b><br><b>budget</b> to pay for a<br>personal assistant.<br>See our webpage <u>How we</u><br><u>can support you</u> |  |
| Managing homecare for you |   |  |
| Southwark<br>Council      | You can ask us to arrange<br>your homecare for you if you<br>are not able to do this.   |  |
|                           | If you receive care and<br>support from us, we may be<br>able to arrange homecare that<br>would help you to stay safe<br>and independent at home.                               |  |
| Assessment                | We would need to carry out<br>an assessment before we<br>arrange homecare for you.  |  |



## Paying for your homecare



You may have to pay towards your homecare service, after a **financial assessment.**