

Going into and out of hospital





If you need transport to get to and from hospital you may be able to use the [patients transport service](#).



If you are leaving hospital you may get support from Adult Social Care.



If your hospital visit is **less than 3 days**, the **Urgent Response Team** may give you support to go home.



If your hospital visit is **more than 3 days** and you or the ward staff feel you may have care and support needs



you can ask for help from **Southwark's Hospital Discharge Team**



The team will help you to return **home** if it is possible.

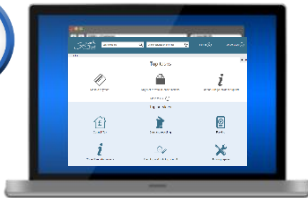
They may suggest that you:



- Use the [Rehabilitation and reablement service](#) to help you become more independent.



- Get an assessment of your needs under the Care Act 2014.



To find out how to get support, go to our [Can we help with your care and support needs? page](#)



How to complain

If you want to complain about your hospital treatment you can contact:



- [King's Patient Advice and Liaison Service](#) (PALS)
- Guy's and St Thomas' PALS
- South London and Maudsley PALS



- [Independent NHS Complaints Advocacy Service](#)