



Walters Taekwondo Spotlight

We run term-time Taekwondo sessions for all ages and ability levels. Taekwondo sessions follow British Taekwondo's Belt syllabus and are World Taekwondo regulated. Sessions consist of sport Taekwondo training, fitness training, self-defence, board breaking and demonstration practice, poomse, flexibility training, balance training and learning basic Korean Taekwondo terminology.

We work within 4 local schools as part of their after school programmes. We deliver self-protection courses to members, within the corporate sector and have recently delivered 3 self-protection courses to visually impaired and blind people alongside Metro blind sports and SELVIS. As a club we try to offer as many positive routes for our members to follow as possible. We have some very successful fighters but we understand that some children/parents are interested in gaining other qualities through attending Taekwondo. As well as offering our students the opportunity to compete up to an international standard, we offer coaching awards, referee qualifications, volunteer opportunities, coaching experience and paid work. As a full-time dojang we also offer the opportunity for other martial-arts clubs and fitness instructors to make use of the space.



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Training Times and Location

They have multiple sessions in different locations. To find out more check out their website <http://www.walterstaekwondo.com/>

How to Join

Email to book yourself in for a free trial session.

Contact Details

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Check them out

www.walterstaekwondo.com



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