

Disability sports Clubs in Southwark

Football

Age: 15+ (adult)
Date and time: Thursday 6.30pm to 8pm
Venue: Brimington Park Astro
Cost: training is free, £3 for matches
Contact: 020 7525 1105

Trampolining

Age: 8+
Date and time: Thursday 4.15pm to 5.45pm
Venue: Elephant and Castle Leisure Centre
Cost: £3
Contact: 07747 601 836

Gymnastics

Age: 4 to 16
Date and time: Thursday 6.15pm to 7.15pm
Venue: Camberwell Leisure Centre
Cost: £3.50 non members, £3 members
Contact: 020 7252 7353

Tennis

Age: 8+
Date and time: Friday 4pm to 5.30pm
Venue: Burgess Park Tennis Club
Cost: £3
Contact: 07950 838 345

Swimming

Age: 8+
Date and time: Monday 6.30pm to 8pm
Venue: Seven Island Leisure Centre
Cost: £1.50
Contact: 07947 253 437

Sailing

Age: All
Date and time: Thursdays and Sundays
Venue: Surrey Docks Water Sports Centre
Cost: Contact for details
Contact: Tideway sailability 020 8858 1822



All clubs are open to anyone with a disability but please contact the club before attending any session. For more information on facilities in Southwark:

Glyn Newberry, Southwark sports officer (disabilities)
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